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NUTRITION AND HEALTH

NHLTH

Bachelor of Science in Human Nutrition

Department of Food, Nutrition, Dietetics & Health
College of Human Ecology
Kansas State University

>GENERAL REQUIREMENTS (50-52 hours)

> **Communications (8-9 hours)**

- ___ ENGL 100 (3) Expository Writing I
- ___ ENGL 200 (3) Expository Writing II

OR

- ___ COMM 105 (2) Public Speaking IA
- ___ COMM 106 (3) Public Speaking I

> **Social Science (6 hours)**

- ___ ECON 110 (3) Principles of Macroeconomics
- ___ PSYCH 110 (3) General Psychology
- ___ SOCIO 211 (3) Introduction to Sociology

OR

> **Humanities (6 Hours)**

(Only 3 hours courses may be applied)

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> **Natural and Physical Sciences (23 hours)**

> **Biological Science (12 hours)**

- ___ BIOL 198 (4) Principles of Biology
- ___ BIOL 341 (4) Human Body I

AND

- ___ BIOL 342 (4) Human Body II

OR

- ___ KIN 360 (8) Anatomy and Physiology

> **Physical Sciences (11 hours)**

- ___ CHM 210 (4) Chemistry I
- ___ CHM 230 (4) Chemistry II
- ___ CHM 350 (3) General Organic Chemistry

> **Quantitative Studies (6-7 hours)**

- ___ MATH 100 (3) College Algebra
- ___ MATH 220 (4) Analytic Geom. and Calculus I

OR

- ___ STAT 325 (3) Introduction to Statistics

> **Integrative Human Ecology Course (1 hour)**

- ___ GNHE 210 (1) Foundations of Human Ecology

>PROFESSIONAL STUDIES (30-31 Hours)

- ___ FNDH 115 (2) Intro. Nutrition & Health Prof.
- ___ FNDH 132 (3) Basic Nutrition
- ___ FNDH 400 (3) Human Nutrition
- ___ FNDH 413 (4) Science of Food
- ___ FNDH 450 (2) Nutritional Assessment
- ___ FNDH 510 (2) Life Span Nutrition
- ___ FNDH 575 (3) Research in Health Sciences
- ___ FNDH 600 (3) Public Health Nutrition

Three courses from the following:

- ___ FNDH 320 (3) Care & Prevention Athletic Injuries
- ___ FNDH 340 (3) Food & Health
- ___ FNDH 352 (3) Personal Wellness

- ___ FNDH 553 (2) Pharmacology in Athletic Training

OR

- ___ FNDH 554 (2) General Medical Conditions in Athlete

- ___ FNDH 620 (3) Nutrient Metabolism
- ___ FNDH 631 (3) Clinical Nutrition I
- ___ FNDH 632 (3) Clinical Nutrition II
- ___ FNDH 635 (3) Nutrition and Exercise

UNRESTRICTED ELECTIVES (37-40 Hours)

(Only courses at the 100-799 undergraduate level may be applied)

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> Grades of "C" or higher are required.

Up to half of the credits for a four-year degree may be completed at an accredited two-year college. *Maximum of 60 credits from a two-year institution.

To become a registered dietitian (RDN) requires enrollment in the ACEND-accredited dietetics education program at K-State that requires admission to either the Coordinated Program in Dietetics or the Didactic Program in Dietetics.

Contact the Department of Food, Nutrition, Dietetics and Health (212 Justin Hall) for admission requirements and deadlines.

Students apply for admission to the *Didactic Program* upon completion of specific course work.

Application for the *Coordinated Program* is completed three semesters prior to the anticipated graduation date.

Grades of B or higher are required in all science, accounting, FNDH and HM courses.

Courses required in addition to B.S. in Human Nutrition requirements:

- ___ ACCTG 231 (3) Accounting for Business Operations
- ___ FNDH 130 (1) Careers in Nutrition and Dietetics
- ___ FNDH 342 (4) Food Production Management
- ___ FNDH 426 (3) Financial Management in Dietetics
- ___ FNDH 515 (3) Counseling Strategies in Dietetics
- ___ FNDH 560 (3) Management in Dietetics *
- ___ FNDH 632 (3) Clinical Nutrition II
- ___ FNDH 570 (1) Research in Dietetics Practice*

If admitted to the Kansas State University Coordinated Program these additional courses are required: FNDH 516, 517, 519, 520, 521, 561, and 562.

Fall 2019

Each student must complete at least 30 K-State resident credits to be considered for a degree from K-State. Further, the student must complete 20 of the last 30 hours of resident credits at K-State. A minimum of 45 hours must be at a course level of 300 or above.

NOTE: The College of Human Ecology requires a "C" or higher in "Professional Studies" courses, and the K-State 8 requirements must be met.

120 hours required for graduation.