Chiropractic care is a health care discipline that emphasizes the inherent power of the body to heal itself without the use of drugs or surgery. It focuses on the relationship between the body's structure (primarily the spine) and function (as coordinated by the nervous system) and how that relationship affects the preservation and restoration of health.

Most chiropractic programs require that applicants have at least three years of undergraduate education (90 credit hours) and an increasing number require a bachelor's degree because a degree is required for licensure in many states.

The pre-chiropractic curriculum listed below meets the prerequisite courses as recommended by the Council on Chiropractic Education (CCE). Most chiropractic schools abide by the recommendations of the Council; however, some schools may have additional requirements. All applicants should check with the individual schools in which they have an interest.

### English
- ENGL 100 Expository Writing I 3
- ENGL 200 Expository Writing II 3

### Biochemistry
- BIOCH 265 Intro to Organic & Biochemistry 5
- or BIOCH 521 Biochemistry 3

### Biology
- BIOL 198 Principles of Biology 4
- BIOL 340 Human Body 8
- or KIN 360 Anatomy and Physiology 8
- BIOL 455 Microbiology 4

### Chemistry
- CHM 210 Chemistry I 4
- CHM 230 Chemistry II 4
- CHM 350 General Organic Chemistry 3
- CHM 351 General O-Chem Lab 2

### Physics
- PHYS 113 Physics I 4
- and PHYS 114 Physics II 4
- or one course in biomechanics, exercise physiology kinesiology or statistics 3

### Psychology
- PSYCH 110 General Psychology 3

### Social Sciences or Humanities
- 15
- Any combination of hours from the following departments: Sociology, History, Anthropology, Speech, Psychology, Music, Art, Geography, English, Foreign Language, Philosophy or Mass Communication

### Other Related Courses:
- ACCTG 231 Accounting for Business 3
- AMETH 160 American Ethnic Studies 3
- ANTH 280 Biological Anthropology 4
- ART 102 Ceramics for Non-majors 3
- BIOL 330 Public Health Biology 3
- BIOL 455 Microbiology 3
- COMM 106 Public Speaking 3
- COMM 480 Intercultural Communication 3
- DANCE 599 Yoga 1
- FSHS 110 Human Development 3
- GERON 315 Gerontology 3
- HN 400 Human Nutrition 3
- HIST 534 Social History of Medicine 3
- HN 132 Basic Nutrition 3
- HN/KIN 110 Intro to Public Health 3
- HN 553 Pharmacology 2
- KIN 220 Biobehavioral Basis Exercise 3
- PHILO 365 Medical Ethics 3
- PSYCH 280 Psychology of Childhood 3
- PSYCH 505 Abnormal Psychology 3
- PSYCH 518 Health Psychology 3
- SPAN 101/102 Spanish I or II (or higher) 5
- STAT 325 Statistics 3
- RRES 200 First Aid and CPR 1
- THTRE 665 Drama Therapy 3
- WOMST 105 Women’s Studies 3

**K-State Pre-Chiropractic Club:** An opportunity to meet other pre-chiropractic students and to become involved both professionally and socially while keeping updated on requirements and admissions policies. The club is active with monthly meetings featuring guest speakers from professional schools, community service agencies, practicing professionals, as well as question and answer sessions with former students.

**Eligibility Criteria & Application Information**

Requirements for the Doctor of Chiropractic program include a minimum grade point average of 3.0. It is advisable to maintain a higher GPA than the stated minimum. GPA’s lower than 3.0 may be considered on a case by case basis.

Beyond grades, there are additional factors considered by professional schools and include work experiences, shadowing hours, volunteer activities, recommendation letters, your personal statement and the development of leadership skills. These additional factors provide insight into your commitment to be of service to others, your knowledge of the field and helps professional schools understand other non-quantifiable characteristics.
Pre-Chiropractic Curriculum Guide

Chiropractic Schools:
Cleveland Chiropractic College – Overland Park, KS
D'Youville College – Buffalo, NY
Life University – Marietta, GA
Life Chiropractic College West – Hayward, CA
Logan University – Chesterfield, MO
Southern California University of Health Sciences – Whittier, CA
National University of Health Sciences – Lombard, IL and Pinellas Park, FL
New York Chiropractic College – Seneca Falls, NY
Northwestern Health Sciences University – Bloomington, MN
Palmer College of Chiropractic – Davenport, IA, San Jose, CA and Port Orange, FL
Parker University – Dallas, TX
Sherman College of Chiropractic – Spartanburg, SC
Texas Chiropractic College – Pasadena, TX
University of Bridgeport – Bridgeport, CT
University of Western States – Portland, OR

Helpful Tips:
1) Shadow multiple chiropractors in multiple settings.
2) Journal these experiences.
3) Cultivate relationships with faculty so they can write strong letters of recommendation.
4) Join the pre-chiropractic club or other student organization.
5) Regularly meet with the advisor in your major and with your pre-chiropractic advisor.
6) Seek out academic support to include tutoring and study groups.
7) Visit the chiropractic programs of most interest to you.
8) Find opportunities to be of service to others either thru work or volunteer experiences.

Helpful Websites
American Chiropractic Association: http://www.acatoday.org/
Accredited Doctor of Chiropractic Programs/Institutions: http://www.acatoday.org/content_css.cfm?CID=32
Association of Chiropractic Colleges: http://www.chirocolleges.org/
Council on Chiropractic Education http://www.cce-usa.org/
Discover Chiropractic: http://www.discoverchiropractic.org/
Federation of Chiropractic Licensing Boards: http://www.fclb.org/

Kansas State University College of Human Ecology Health Professions Advising

Susan Watt
Health Professions Advisor
119Justin Hall
Manhattan, KS 66506
785-532-5500
swatt@ksu.edu