

NAME: _____

ID: _____

Kinesiology

KINES

B.S. in Kinesiology

Department of Kinesiology
College of Human Ecology
Kansas State University

GENERAL REQUIREMENTS (49-53 HOURS)

Communications (8-9 Hours)

- _____ ENGL 100 (3) Expository Writing I
- _____ ENGL 200 (3) Expository Writing II
-
- _____ COMM 105 (2) Public Speaking IA
- OR
- _____ COMM 106 (3) Public Speaking I
-

Social Science (9 Hours)

- _____ ECON 110 (3) Principles of Macroeconomics
- _____ PSYCH110 (3) General Psychology
- _____ SOCIO 211 (3) Intro to Sociology

Humanities (6 Hours)

(Only courses of 3 credits or more will apply)

- _____ () _____
- _____ () _____

Natural and Physical Sciences (16-17 Hours)

- _____ BIOL 198 (4) Principles of Biology
-
- _____ BIOL 340 (8) Struct/Function Human Body
- OR
- _____ KIN 360 (8) Anatomy and Physiology
-
- (Must complete one of the following courses)*
- _____ BIOCH 265 (5) Intro. Organic & Biochemistry
- OR
- _____ CHM _____ () _____
(Chemistry course w/ lab)
- OR
- _____ PHYS _____ () _____
(Physics course w/ lab)

Integrative Human Ecology Course (1 Hour)

- _____ GNHE 210 (1) Foundations of Human Ecology

Up to half of the credits required for a four-year degree may be completed at an accredited two-year college*. Each student must complete at least 30 K-State resident credits to be considered for a degree from K-State. Further, the student must complete 20 of the last 30 hours of resident credit at K-State. A minimum of 45 hours must be at a course level of 300 or above.

*Maximum of 60 hours may be applied from a two-year college.

Quantitative and Abstract Formal Reasoning (9-11 Hours)

- _____ MATH 100 (3) College Algebra
- OR
- _____ MATH 150 (3) Plane Trigonometry
- OR
- _____ MATH 220 (4) Analytic Geometry and Calculus I
-
- _____ STAT 325 (3) Introduction to Statistics
- OR
- _____ STAT 340 (3) Biometrics I
-

(Choose either all of the one-hour courses or CIS 111)

- _____ CIS 101 (1) Intro Computing Systems
- _____ CIS 102 (1) Intro Spreadsheet Application
- _____ CIS 103 (1) Intro Database Application
- _____ CIS 104 (1) Intro Word Processing Appl.
- OR
- _____ CIS 111 (3) Intro. to Computer Programming

UNRESTRICTED ELECTIVES (28-32 hrs)

(Only courses at the 100-799 level undergraduate courses may be applied. Course at the 300-level or higher must be taken for 2 or more credits)

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> Grades of “C” or higher are required AND a GPA of 2.2 is required for all Kinesiology core courses meeting degree requirements.

120 Hours Required for Graduation

Note: The College of Human Ecology requires a “C” or higher in “Professional Studies” courses, and the K-State 8 requirements must be met.

K-State 8 Requirements Completed

> PROFESSIONAL STUDIES (39 HOURS)

> Kinesiology Core (36 Hours)

>Lower Level Core Courses (18 hrs)

- _____ KIN 220 (4) Biobehavioral Bases of Physical Activ.
- _____ KIN 310 (4) Measure & Resrch Techn Kinesiology
- _____ KIN 335 (4) Physiology of Exercise
- _____ KIN 336 (1) Physiology of Exercise Lab
- _____ KIN 345 (5) Exercise Behavioral Science

> Kinesiology Upper Level Core (18 Hours)

(Select one 3-hour course from each of the following)

>Exercise Physiology (3 hrs)

(Select one 3-hour course from the following)

- _____ KIN 601 (3) Cardiorespiratory Exercise Physiology
- _____ KIN 603 (3) Cardiovascular Exercise Physiology
- _____ KIN 607 (3) Muscle Exercise Physiology
- _____ KIN 611 (3) Neurological Exercise Physiology

>Exercise Behavioral Science (3 hrs)

(Select one 3-hour course from the following)

- _____ KIN 600 (3) Interpersonal Aspects of Physical Act.
- _____ KIN 602 (3) Social Structural Determinants Phys Act.
- _____ KIN 612 (3) Policy, Built Environ & Phys Activity
- _____ KIN 614 (3) Physical Activity Behavior Setting: Youth Sport to Senior Centers
- _____ KIN 655 (3) Individual Physical Activity Promotion

>Kinesiology Elective Courses 300-Level or higher (12 hrs)

*(Select 12 credit hours of additional upper level KIN courses. At least one elective must be at the 600 level or higher UG course *)*

- _____ KIN* _____ (3) _____
- _____ KIN _____ (3) _____
- _____ KIN _____ (3) _____
- _____ KIN _____ (3) _____

>Human Nutrition (3 hrs)

- _____ FNDH 132 (3) Basic Nutrition

(OVER)

Fall 2017