

Nutrition and Kinesiology

NUKIN

Recommended Sequence

First Year

<u>Fall</u>				<u>Spring</u>			
ENGL	100	Expository Writing I	3	COMM	106	Public Speaking I (preferred)	3
MATH	100	College Algebra	3	CHM	210	Chemistry I	4
FNDH	132	Basic Nutrition	3	CIS	101	Intro Computing System, Info Search, Security	1
PSYCH	110	General Psychology	3	CIS	102	Spreadsheet Apps.	1
OR				CIS	103	Database Apps	1
SOCIO	211	Intro to Sociology	3	CIS	104	Word Processing Apps	1
KIN	220	Biobehavioral Bases Physical Activity	4	GNHE	210	Foundations in Human Ecology	1
			16				12

Second Year

<u>Fall</u>				<u>Spring</u>			
ENGL	200	Expository Writing II	3	BIOL	340	Human Body	8
BIOL	198	Principles of Biology	4	OR			
CHM	230	Chemistry II	4	KIN	360	Anatomy and Physiology	3
KIN	310	Measure Res Techniques in Kinesiology	4	ECON	110	Principles of Macroeconomics	3
			15				11

Third Year

<u>Fall</u>				<u>Spring</u>			
FNDH	413	Science of Food	4	BIOCH	521	General Biochemistry	3
KIN	335	Physiology of Exercise	4	FNDH	400	Human Nutrition	3
CHM	350	Organic Chemistry	3	FNDH	450	Nutritional Assessment	2
STAT	325	Intro to Statistics	3	KIN	336	Physiology of Exercise Lab	1
			14	KIN	601 or 603 or 607		3
			14				12

Fourth Year

<u>Fall</u>				<u>Spring</u>			
FNDH	600	Public Health Nutrition*	3	FNDH	510	Life Span Nutrition**	2
FNDH	620	Nutrient Metabolism*	3	FNDH	575	Research in Health Science	3
KIN	345	Public Health Physical Activity	5	KIN	___	300- Level or above elective course	3
KIN	600 or 602 or 612 or 614 or 655		3	___	___	Humanities course	3
			14	___	___	Humanities course	3
			14				14

Fifth Year

<u>Fall</u>				<u>Spring</u>			
FNDH	631	Clinical Nutrition I *	3	FNDH	632	Clinical Nutrition II **	3
FNDH	635	Nutrition and Exercise*	3	KIN	___	300- Level or above elective course	3
BIOL	455	Microbiology	(4)				
OR							
FNDH	340	Food and Health	(3)				
KIN	___	300-level or above elective course	3				
			12-13				

*Fall only

** Spring Only

Fall 2017