

FOUR-YEAR INSTRUCTIONAL PLAN
(Suggested course sequence for Athletic Training Students)

Freshman Year

Fall

Expository Writing I	ENGL	100	3
Principles of Biology	BIOL	198	4
Basic Nutrition	FNDH	132	3
College Algebra	MATH	100	3
Intro Athletic Training	FNDH	120	2
Intro Athletic Training Lab	FNDH	121	<u>1</u>
Total			16

Spring

General Psychology	PSYCH	110	3
Gen. Chem & Lab/Chemistry I	CHM	110/111 or 210	4
Behavior. Basis of Phys Act	KIN	220	4
Public Speaking I	COMM	106	3
Foundations of Human Ecology	GNHE	210	<u>1</u>
Total			15

◆ Apply this term for Admission to Professional Phase

Sophomore Year

Fall

Hum Body or A&P	BIOL 340 or KIN 360	8
Care and Recognition	FNDH	320 3
Practicum I	FNDH	583 1
*Elective	_____	<u>3</u>
Total		15

Spring

Princ of Macroeconomics	ECON	110	3
Meas. & Research Techniques	KIN	310	4
Expository Writing II	ENGL	200	3
Emergency Management	FNDH	552	3
Practicum II	FNDH	584	<u>1</u>
Total			14

Junior Year

Fall

Pharmacology in Athl Trng	FNDH	553	2
Evaluation of Extremities	FNDH	551	3
Physiology of Exercise	KIN	335	4
Physiology of Exercise Lab	KIN	336	1
Practicum III	FNDH	585	1
*Electives	_____	<u>5</u>	
Total			16

Spring

Therapeutic Modalities	FNDH	555	3
General Medical Conditions	FNDH	554	2
Rehabilitation of Injuries	FNDH	556	3
Practicum IV	FNDH	586	1
Introduction to Sociology	SOCIO	211	3
Humanities	_____	<u>3</u>	
Total			15

Senior Year

Fall

Administration of Athl Tr Prg	FNDH	557	3
Biomechanics	KIN	330	3
Nutrition and Exercise	FNDH	635	3
Prof Preparation for Athl Tr	FNDH	589	0-1
Practicum V	FNDH	587	1
Humanities	_____	<u>3</u>	
*Elective	_____	<u>3</u>	
Total			16-17

Spring

Nutritional Assessment	FNDH	450	2
Introduction to Statistics	STAT	325	3
Practicum VI	FNDH	588	1
Prof Preparation for Athl Tr	FNDH	589	0-1
Adv. Athletic Training Techn.	FNDH	558	3
* Electives	_____	<u>3-5</u>	
Total			12-15

*May vary depending if MATH 220 vs MATH 100 or COMM 105 vs COMM 106