

## Discussion Topics & Suggested Activities

### Education & Training

- Where did you attend college?
- What did you major in? How did you decide on this major?
- What types of activities were you involved in while in college?
- What advice would you give about college?
- What were your extracurricular activities?
- Do you hold any certifications or complete specialized training? How has this effected your career?

### First Job Discussion

- What was your first job after college?
- What did you like best/least about this position?
- What did you learn from your first job?
- What advice would you give in hindsight about a first job?
- Tell me more about your career path. How did you get involved in professional development?
- How did you build your professional network?

### Current Employment

- What is your current employment?
- What is your role in your current position?
- What type of responsibilities do you have in your current position?
- What does a typical day look like for you at work?
- What do you like best about your current position?
- What are some challenges with your current position?
- What is the culture of your workplace?

### General Workforce Topics

- Advice on job searches, interviewing and resumes
- Recommended professional organizations or involvements
- Advice on graduate school/graduate degrees

### Activities

- Meet for coffee or lunch
- Attend a university event together (athletics, academic lecture, etc.)
- Job-shadow your mentor
- Attend a conference or event within the professional field