

ERIN L. YELLAND, PH.D., CFLE

343B JUSTIN HALL, 1324 LOVERS LANE • MANHATTAN, KS 66506
(785) 532-1905 • ERINYELLAND@KSUEDU

EDUCATION

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| <i>Doctor of Philosophy</i> | FAMILY SCIENCES
University of Kentucky
Lexington, Kentucky
May, 2015 |
| <i>Graduate Certificate in Gerontology</i> | University of Kentucky
Lexington, Kentucky
December, 2012 |
| <i>Bachelor of Science</i> | YOUTH, ADULT, AND FAMILY SERVICES
Minor: Organizational Leadership and Supervision
Purdue University
West Lafayette, Indiana
May, 2010 |

ACADEMIC APPOINTMENT

July 1, 2015 – Present

Assistant Professor and Extension Specialist, Adult Development and Aging
School of Family Studies and Human Services | College of Human Ecology
Kansas State University

RESEARCH EXPERIENCE

PUBLICATIONS

- Yelland, E. L.**, Cless, A. W. †, Mallory, A. B. †, & Cless, J. D. † (2017). Public perspectives toward the sexual behavior of an individual with dementia residing in long-term care. *The Journal of Aging and Health*. Online first. doi: 10.1177/0898264317696774
- Yelland, E. L.** (2016). Gathering evaluation data on fact sheet publications. *Journal of Human Sciences and Extension*, 4(3), 158.
- Syme, M. L., **Yelland, E. L.**, Cornelison, L., Poey, J., Karjicek, R. *, & Doll, G. (2016). Content analysis of public opinion on sexual expression and dementia: implications for nursing home policy development. *Health Expectations*. Advanced online publication. doi: 10.1111/hex.12509
- Yelland, E. L.**, & Hosier, A. (2015). Public attitudes toward sexual expression in long-term care: Does context matter? *Journal of Applied Gerontology*, OnlineFirst. doi: 10.1177/0733464815602108
- Yelland, E. L.** (2015). Sex and dementia in long-term care: Does spousal disposition toward adulterous relationships matter? [Abstract]. *The Gerontologist*, 55(Suppl 2), 722.
- Hans, J. D., & **Yelland, E. L.** (2013). Posthumous sperm retrieval for cryopreservation and reproduction: Attitudes in context. *Journal of Clinical Research & Bioethics*, S1: 008. doi: 10.4172/2155-9627.S1-008

* undergraduate student

† graduate student

OTHER PUBLICATIONS

Yelland, E. L. (Summer, 2016). Living, loving, and loss: The interplay of intimacy, sexuality and grief [book review]. *National Council on Family Relations Network Newsletter*.

CONFERENCE PRESENTATIONS

Yelland, E. L. (accepted). Gray for a day. Program to be presented at the National Extension Association of Family and Consumer Sciences, Omaha, NE.

Yelland, E. L. (accepted). Sex, dementia, and long-term care: Does degree of intimacy affect public perceptions? Poster to be presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.

Bates, J. S., Stum, M., Byers-Gerstenecker, C., Brown, L., **Yelland, E. L.**, Cronk, L., Bartholomae, S., Beaulieu, B., Benson, J., Litzelman, K., & Strommen, J. (2017, May). Exploration of aging in the National Framework for Health and Wellness: The educator's view. Panel Discussion at the National Health Outreach Conference. Annapolis, MD.

Yelland, E. L., & Seyferth, K.* (2017, March). Gray for a day. Program presented at the United Associations Conference. Wichita, KS.

Yelland, E. L. (2017, February). Advance health care planning in Kansas. Program presented at Women Managing the Farm annual Conference. Manhattan, KS.

Yelland, E. L. (2016, October). Gray for a Day. Program presented at Kansas State Research and Extension Annual Conference. Manhattan, KS.

Kiss, E., Wiles, B., **Yelland, E. L.**, Johannes, E. J., Olsen, C. S., Riportella, R., & Durband, D. (2016, April). Healthy Kansas is...IGNITE! presentation at the National Health Outreach Conference. Roanoke, VA.

Yelland, E. L. (2016, March). Keys to embracing aging. Program presented at the United Associations Conference. Wichita, KS.

Yelland, E. L. (2016, March). Over the hill and between the sheets: Exploring sex in later life. Plenary presentation at the Southeastern Council on Family Relations Annual Conference. Orlando, FL.

Yelland, E. L. (2016, February). The 10 Signs of Alzheimer's Disease. Poster presented at Women Managing the Farm annual conference. Manhattan, KS.

Yelland, E. L. (2016, January). An Initiative to Educate Kansans on the Signs of Alzheimer's: A Partnership Between K-State Research Extension and the Alzheimer's Association. Abstract accepted to the Alzheimer's Association International Conference – presentation declined.

Yelland, E. L. (2015, November). Sex and dementia in long-term care: Does spousal disposition toward adulterous relationships matter? Poster presented at the Gerontological Society of America annual scientific meeting. Orlando, FL.

Yelland, E. L., Syme, M., Cornelison, L., Mosier, D., Poey, J., Krajicek, R.*, & Doll, G. (2015, November). Sex, dementia, and a husband on trial at age 78: An analysis of reader commentary. Poster presented at the Gerontological Society of America annual scientific meeting. Orlando, FL.

Frey, L., **Yelland, E. L.**, & Hans, J. D. (2013, November). Attitudes toward assisted suicide among older adults. Poster presented at the National Council on Family Relations Annual Conference. San Antonio, TX.

- Westmoreland, A., **Yelland, E. L.**, & Hans, J. D. (2013, November). Sex in the nursing home: Does context matter? Poster presented at the National Council on Family Relations Annual Conference. San Antonio, TX.
- Yelland, E. L.**, & Hans, J. D. (2013, November). Let's talk about sex...maybe? Studying sexuality among older adults. Poster presented at the National Council on Family Relations Annual Conference. San Antonio, TX.
- Yelland, E. L.**, Hans, J. D., & Norman, J. L. (2012, November). Posthumous sperm retrieval for cryopreservation and reproduction: Attitudes in context. Poster presented at the National Council on Family Relations Annual Conference. Phoenix, AZ.
- Powell, E. L.** (2011, November). Sexuality in aging adults from a biosocial perspective: A literature review. Poster presented at the National Council on Family Relations Annual Conference. Orlando, FL.

EXTENSION ENDEAVORS

EXTENSION PUBLICATIONS

- Yelland, E. L.** (2017). *Alzheimer's 101*. (MF3365; fact sheet). Manhattan: K-State Research and Extension.
- Yelland, E. L.** (2017). *Alzheimer's 101*. (MF3366; leader's guide). Manhattan: K-State Research and Extension.
- Yelland, E. L.**, & Waldeck, H.* (2017). *Keys to Embracing Aging*. (MF3344; 3-panel display). Manhattan: K-State Research and Extension.
- Yelland, E. L.** (2017). *Elder Abuse: What You Should Know*. (MF3343). Manhattan: K-State Research and Extension.
- Yelland, E. L.**, & Seyferth, K.* (2017). *Advance Health Care Planning in Kansas*. (MF3345; 3-panel display). Manhattan: K-State Research and Extension.
- Yelland, E. L.** (2016). *Advance Health Care Planning in Kansas*. (MF3280). Manhattan: K-State Research and Extension.
- Yelland, E. L.** (2016). *Essential Living Skills: Essential Steps to Healthy Aging*. (S-134I). Manhattan: K-State Research and Extension.
- Hosier, A., Traywick, L. S., & **Yelland, E. L.** (2015). *Keys to embracing aging: Positive attitude*. (MF3257). Manhattan: K-State Research and Extension.
- Hosier, A., Traywick, L. S., & **Yelland, E. L.** (2015). *Keys to embracing aging 101*. (MF3255). Manhattan: K-State Research and Extension.
- Hosier, A., **Yelland, E. L.**, & Traywick, L. S. (2015). *Keys to embracing aging: Brain activity*. (MF3259). Manhattan: K-State Research and Extension.
- Hosier, A., **Yelland, E. L.**, & Traywick, L. S. (2015). *Keys to embracing aging: Eating smart*. (MF3257). Manhattan: K-State Research and Extension.
- Hosier, A., **Yelland, E. L.**, & Traywick, L. S. (2015). *Keys to embracing aging: Social activity*. (MF3260). Manhattan: K-State Research and Extension.
- Hosier, A., **Yelland, E. L.**, & Traywick, L. S. (2015). *Keys to embracing aging: Tuning into the times*. (MF3261). Manhattan: K-State Research and Extension.
- Hosier, A., **Yelland, E. L.**, & Traywick, L. S. (2015). *Keys to embracing aging: Know your health numbers*. (MF3263). Manhattan: K-State Research and Extension.
- Hosier, A., **Yelland, E. L.**, & Traywick, L. S. (2015). *Keys to embracing aging: Taking time for you*. (MF3267). Manhattan: K-State Research and Extension.

- Traywick, L. S., Hosier, A., & **Yelland, E. L.** (2015). *Keys to embracing aging: Physical activity*. (MF3258). Manhattan: K-State Research and Extension.
- Traywick, L. S., Hosier, A., & **Yelland, E. L.** (2015). *Keys to embracing aging: Practice being safe*. (MF3262). Manhattan: K-State Research and Extension.
- Traywick, L. S., Hosier, A., & **Yelland, E. L.** (2015). *Keys to embracing aging: Stress management*. (MF3264). Manhattan: K-State Research and Extension.
- Traywick, L. S., Hosier, A., & **Yelland, E. L.** (2015). *Keys to embracing aging: Sleep*. (MF3266). Manhattan: K-State Research and Extension.
- Traywick, L. S., Hosier, A., Connerly, L., & **Yelland, E. L.** (2015). *Keys to embracing aging: Financial affairs*. (MF3265). Manhattan: K-State Research and Extension.
- Yelland, E. L.**, & Hosier, A. (2012). *Talking with your child about sexuality*. (FCS7-207). Lexington: University of Kentucky Cooperative Extension Service.
- Powell, E. L.**, & Hosier, A. (2011). *Sexual health in young adulthood: Protecting yourself from sexually transmitted infections (STIs)* (FCS7-197). Lexington: University of Kentucky Cooperative Extension Service.

EXTENSION PUBLICATION IN PRESS

- Yelland, E. L.**, Kuborn, S. †, & Kottler, H.* (2016). *Safe Sex Across the Lifespan*.

AUTHORED AND EDITED EXTENSION PROGRAMS AND CURRICULA

- Yelland, E. L.** (2017). *Gray for a Day: Classroom Version*. Manhattan: Kansas State Research and Extension.
- Yelland, E. L.** (2017). *Advance Health Care Planning in Kansas*. Manhattan: Kansas State Research and Extension.
- Yelland, E. L.** (2016). *Alzheimer's 101*. Manhattan: Kansas State Research and Extension.
- Yelland, E. L.** (2016). *Gray for a Day*. Manhattan: Kansas State Research and Extension.
- Hosier, A., Traywick, L. & **Yelland E. L.** (2015). *Keys to Embracing Aging*. Manhattan: Kansas State Research and Extension.
- Alzheimer's Association. *Know the 10 Signs of Alzheimer's Disease: Early Detection Matters*. Edited and distributed by Kansas State Research and Extension.

NEWS RELEASES AND INTERVIEWS

K-State Research and Extension Print News Releases

- “Across the globe, elder abuse is top-of-mind June 15”, June 15, 2016
- “Advance health care directives important to all adults”, March 15, 2016
- “Understanding Alzheimer's Disease”, January 13, 2016
- “Prevent Falls Among Seniors in Four Steps”, August 28, 2015

K-State Radio Network – Sound Living

- “Improving the Health of Older Adults”, June 9, 2017
- “Keeping your Heart Healthy”, February 17, 2017
- “Successful Multi-Generational Holidays”, December 23, 2016
- “Ready, Steady, Balance: Fall Prevention”, September 16, 2016
- “World Elder Abuse Awareness Day”, June 10, 2016

- “Keys to Embracing Aging: Part 3”, May 20, 2016
- “Keys to Embracing Aging: Part 2”, May 13, 2016
- “Keys to Embracing Aging: Part 1”, May 6, 2016
- “Advance Health Care Planning”, March, 11, 2016
- “Top 10 Signs of Alzheimer’s”, January 8, 2016
- “Falling Less in Kansas”, September 4, 2015

K-State Video Productions

- “Successful Multi-Generational Holidays”, released to national news media December 21, 2016
- “Keys to Embracing Aging”, filmed for the 2016 KSRE Report to the Kansas Legislature, September 7, 2016
- “Keys to Embracing Aging: Other Tips to Healthful Aging”, released to national news media August 11, 2016
- “Keys to Embracing Aging: Emotional Health”, released to national news media August 11, 2016
- “Keys to Embracing Aging: Physical Health”, released to national news media August 11, 2016
- “World Elder Abuse Awareness Day”, released to national news media June 14, 2016
- “Advance Health Care Directives”, released to national news media March 23, 2016
- “The Signs of Alzheimer’s Disease”, released to national news media January 8, 2015

INVITED EXTENSION PRESENTATIONS

- Yelland, E. L.** (2017, June 23). Alzheimer’s 101. *Senior Health and Wellness Expo*, Manhattan, KS.
- Yelland, E. L.** (2017, May 31). Gray for a day. *4-H Discovery Days*, Manhattan, KS.
- Yelland, E. L.** (2017, January 25). Elder Abuse and Neglect: What You Should Know. *PILOT International*, Manhattan, KS.
- Yelland, E. L.** (2016, December 1 & 6). Gray for a Day. *FSHS 110 (Introduction to Human Development)*, Manhattan, KS.
- Yelland, E. L.** (2016, November 3). Advance Health Care Planning in Kansas. *Keynote Presentation at the Advance Health Care Planning Symposium*, Burlington, KS.
- Yelland, E. L.** (2016, October 14). Alzheimer’s: Tips for Practitioners. *Third Annual Geriatric Symposium*, Hays, KS.
- Yelland, E. L.** (2016, October 4). Know the 10 Signs of Alzheimer’s Disease. *Kansas Association of Family and Community Education Annual Conference*, Topeka, KS.
- Yelland, E. L.** (2016, October 3). Alzheimer’s 101. *PATH (Personal Actions to Health)*, Ottawa, KS.
- Yelland, E. L.**, Holmes, C., & Hessong, C. (2016, September 7). Keys to Embracing Aging. *K-State Research and Extension*, Pittsburg, KS.
- Clark, K. K.[†], & **Yelland, E. L.** (2016, June 17). Gray for a day. *FSHS 110 (Introduction to Human Development)*, Manhattan, KS.
- Yelland, E. L.** (2016, June 1). Gray for a day. *4-H Discovery Days*, Manhattan, KS.
- Yelland, E. L.** (2016, May 23). Gray for a day. *CNRES530 (Coping with Life Crises)*, Manhattan, KS.

- Yelland, E. L.** (2016, May 6). Keys to embracing aging. *Piecing Together Our Health: Spring Program*, Winchester, KS.
- Yelland, E. L.** (2016, May 5). Advance health care planning in Kansas. *Active Aging Expo*, Paola, KS.
- Yelland, E. L.** (2016, April 28 & May 3). Gray for a day. *FSSHS 110 (Introduction to Human Development)*, Manhattan, KS.
- Yelland, E. L.** (2016, March 17). Keys to embracing aging. *37th Annual Tasting Luncheon*, Wamego, KS.
- Yelland, E. L.** (2016, February 24). Advance health care planning in Kansas. *Preserving the Family with Estate Planning*, Oakley, KS.
- Yelland, E. L.** (2016, February 23). Advance health care planning in Kansas. *Preserving the Family with Estate Planning*, Oberlin, KS.
- Yelland, E. L.** (2015, September 12). An overview of dementia and tools for caregivers. *PILOT International Fall Workshop*, Manhattan, KS.
- Yelland, E. L.** (2015, November 30). Age-related sensory decline. *Olathe South High School*, Olathe, KS.

PROFESSIONAL DEVELOPMENT OPPORTUNITIES FOR EXTENSION AGENTS

- Johannes, E., **Yelland, E. L.**, Snook, S., Mulcahy, E., Moore, T. (2017, May 25). Towards a Culture of Health, Parsons, KS.
- Johannes, E., **Yelland, E. L.**, Snook, S., Mulcahy, E., Moore, T. (2017, May 19). Towards a Culture of Health, Manhattan, KS.
- Johannes, E., **Yelland, E. L.**, Snook, S., Mulcahy, E., Moore, T. (2017, May 11). Towards a Culture of Health, Garden City, KS.
- Johannes, E., **Yelland, E. L.**, Snook, S., Mulcahy, E., Moore, T. (2017, May 10). Towards a Culture of Health, Colby, KS.
- The Kansas Department of Aging and Disability Services & **Yelland, E. L.** (2017, February 24). Senior Health Insurance Counseling for Kansans and Medicare Improvements for Patients and Providers Act, Holton, KS.
- Yelland, E. L.**, Johannes, E. J., & Mulcahy, E. (2017, February 9). Kansas Health Extension, FCS Update, Manhattan, KS.
- Yelland, E. L.** (2017, February 9). Advance Health Care Planning in Kansas: Program Training, FCS Update, Manhattan, KS.
- Yelland, E. L.**, & The Kansas Department of Aging and Disability Services. (2017, February 9). SHICK/MIPPA/SMP/Operation Red File: Update, FCS Update, Manhattan, KS.
- Yelland, E. L.**, & Markham, M. (2017, February 9). Introducing: Applied Family Science, FCS Update, Manhattan, KS.
- Yelland, E. L.**, & Hosier, A. F. (2017, February 1). Keys to Embracing Aging: Rural Safety Health and Education Grant, webinar.
- Yelland, E. L.** & The Kansas Department of Aging and Disability Services. (2016, August 23). Operation Red File, Manhattan, KS.
- Yelland, E. L.** (2016, May 18). Gray for a Day, webinar.
- Yelland, E. L.** (2016, February 12). Know the 10 Signs of Alzheimer's Disease, Manhattan, KS.

- Yelland, E. L.** (2016, February 2). Advance Health Care Planning in Kansas: Publication Update, FCS Update, Manhattan, KS.
- Yelland, E. L.** (2016, February 2). Essential Living Skills: Essential Steps to Healthy Aging, FCS Update, Manhattan, KS.
- Yelland, E. L., Hosier, A., & Traywick, L.** (2016, February 1). Keys to Embracing Aging, FCS Update, Manhattan, KS.
- Yelland, E. L., & Miller, C.** (2016, January 26). Know the 10 Signs of Alzheimer's Disease, Parsons, KS.
- Yelland, E. L., & Vann, D.** (2016, January 20). Know the 10 Signs of Alzheimer's Disease, Garden City, KS.
- Yelland, E. L., & Vann, D.** (2016, January 19). Know the 10 Signs of Alzheimer's Disease, Colby, KS.

GRANTS

Funded

- Yelland, E. L., Bartholomae, S., Bates, J., Beaulieu, B., Benson, J., Brown, L., Byers, C., Cronk, L., Litzelman, K., Strommen, J., & Stum, M.** (2017). Multi-State Rural Development Research or Extension Projects Grant. *North Central Regional Center for Rural Development*, \$24,655.
- Yelland, E. L.** (2016). K-State Research and Extension MIPPA Outreach for Region 9. *Kansas Department of Aging and Disability Services*, \$10,000.
- Yelland, E. L.** (2016). Katey Walker Extension Excellence Fund. *College of Human Ecology, Kansas State University*, \$200.
- Johannes, E., & **Yelland, E. L.** (2016). Kansas Health Extender Pilot Project. *Kansas Department of Health and Environment*, \$37,260.
- Yelland, E. L.** (2016). Extension Endowment Fund Grant. *Alpha Rho Chapter of Epsilon Sigma Phi*, \$2,925.
- Yelland, E. L., & Hosier, A. F.** (2016). Rural Health and Safety Education Competitive Grants Program. *USDA NIFA*, \$356,257.
- North Central Region Aging Network** (2016). Sponsored Funds from the North Central Region Program Directors, \$18,100.
- Yelland, E.** (2015). Academic Excellence Funding. *Office of The Provost and Senior Vice President*, \$2,500.
- Yelland, E. L.** (2015). Extension Endowment Fund Grant. *Alpha Rho Chapter of Epsilon Sigma Phi*, \$2,660.
- Yelland, E. L.** (2015). Katey Walker Extension Excellence Fund. *College of Human Ecology, Kansas State University*, \$400.
- Powell, E. L.** (2011). Travel grant to present at the National Council on Family Relations Conference, Orlando, FL. *The Graduate School, University of Kentucky*, \$400.

Awaiting Determination

- Yelland, E. L., & Johannes, E. J.** (2017). Rural Health and Safety Education Competitive Grants Program. *USDA NIFA*, \$349,778.
- Yelland, E. L., & Johannes, E. J.** (2017). Kansas Health Extension. *Kansas Department of Health and Environment*, \$25,500.

SERVICE AND CITIZENSHIP**REVIEWER SERVICE****Ad-hoc Manuscript Peer Reviewer**

Family Relations (2012-2013, 2016)

Marriage and Family Review (2016, 2017)

Journal of Applied Gerontology (2016)

Sexuality Research and Social Policy (2015)

Conferences Proposal Reviewer

Southeastern Council on Family Relations Annual Conference (2017)

IAGG World Congress of Gerontology and Geriatrics (2016)

Gerontological Society of America Annual Scientific Conference (2015 – present)

National Health Outreach Conference (2015-present)

National Council on Family Relations Annual Conference (2011-present)

Grant Proposal Reviewer

SEEDS: The OARDC Research Enhancement Competitive Grants Program at The Ohio State University (2016)

Extension Publication Reviewer

Utah State University Extension (2016)

INVITED LECTURES

Late Adulthood, FSHS 110, Kansas State University, Spring 2016, Summer 2016, Fall 2016, Spring 2107, Summer 2017

Cooperative Extension in Kansas, GNHE 410, Kansas State University, Fall 2016

Sensory and Functional Declines in Older Adulthood, CNRES530, Kansas State University, Summer 2016, Summer 2017

COMMITTEE SERVICE**National**

Member, Adult Development and Aging National Workgroup, *USDA NIFA Division of Family and Consumer Sciences*, 2017 – present

Regional

Co-Chair, *North Central Region Aging Network*, 2016 - present

Liaison to the North Central Region Family and Consumer Science Program Directors, *North Central Region Aging Network*, 2016 – present

University

Member, Faculty Senate: University Handbook and Policy Committee, *Kansas State University*, 2016 – 2019

University Extension

Recognition Committee, *Alpha Rho Chapter of Epsilon Sigma Phi*, 2016 – present

Co-Chair, *Adult Development and Aging Program Focus Team*, 2015 – present

Member, *SNAP-ED Advisory Committee*, 2016 – present

ACADEMIC SEARCH COMMITTEE SERVICE

Aging-Related Food, Nutrition, Dietetics, and Health Extension Specialist, *Kansas State University*, 2017

Project Coordinator, School of Family Studies and Human Services, *Kansas State University*, 2016

Senior Instructor in Family Studies and Human Services, *Kansas State University*, 2016

STUDENT COMMITTEE SERVICE

Master's Advisory Committee Member, Jeanne Squires Lake (in progress)

Master's Advisory Committee Chair, Aaren Sunderman (in progress)

OTHER SERVICE ENDEAVORS

Volunteer, Activity Insight Pilot for the College of Human Ecology, November 2016

Facilitator, FSHS 110 APA Help Session, October 2016

Volunteer, Walk Kansas 5K, K-State Research and Extension, May 2016

Judge, Kansas State Graduate Research and Discovery Forum, March 2016

eXtension Expert – Family Caregiving Section, 2015 – present

PROFESSIONAL AFFILIATIONS

North Central Region Aging Network, 2016 – present

American Society on Aging, 2016 – present

Gerontological Society of America, 2015 – present

Epsilon Sigma Phi, Alpha Rho Chapter, 2015 – present

eXtension Community of Practice – Family Caregiving, 2015 - present

National Council on Family Relations, 2009 - present

FACULTY DEVELOPMENT ACTIVITIES

Kansas Evidence-Based Public Health: A Course for State and Local Practitioners,
Kansas Department of Health and Environment, 2016

Big 12 Teaching and Learning Conference, *The Teaching and Learning Center at Kansas State University*, 2016

New Faculty Institute, *The Teaching and Learning Center at Kansas State University*,
2015-2016

Virtual Communication Camp: Planning Communication for Impact, *North Dakota State University*, 2016

New Faculty Orientation, *College of Human Ecology*, 2015-2016

AWARDS AND RECOGNITION

AWARDS AND HONORS

National

Jeanne M. Priester Award Nominee, 2017

College

College of Human Ecology Extension Excellence Award Nominee, 2017

Donovan Scholarship in Gerontology, 2012-2013

University Extension

Alpha Rho Chapter of Epsilon Sigma Phi Horizon (state-level) Award Recipient, 2016