

2016

Introduction to the Marriage and Family Therapy Program



***Doctoral Degree
Program***

**School of Family Studies
and Human Services
Kansas State University**

<http://www.ksu.edu/fshs/prgrams/grad>

INTRODUCTION

This document serves as an introduction to the doctoral degree program in marriage and family therapy at Kansas State University. The program is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), and is one of four doctoral programs in the School of Family Studies and Human Services (FSHS).

DOCTORAL PROGRAM MISSION AND STUDENT LEARNING OUTCOMES

The mission of Kansas State University's doctoral program is to educate and mentor family scientist-practitioners with the most advanced, cutting edge research training, for the purpose of developing scholars prepared to make significant contributions in academic and clinical settings. Our goal is to develop distinguished scholars who embrace diversity and are highly sought after due to their demonstrated competency as world-class researchers, excellent clinicians, clinical supervisors, and educators.

Students graduating from K-State's doctoral program in marriage and family therapy will be able to demonstrate competence in five areas:

- 1. Marital and Family Therapy:** Students will demonstrate competence in system and relational practice with diverse clientele.
- 2. Clinical Supervision:** Students will develop competency in supervision that is sensitive to issues of diversity.
- 3. Teaching:** Students will demonstrate competency in teaching.
- 4. Research:** Students will demonstrate knowledge and skills as a researcher in the field of Marriage and Family Therapy through their work on their dissertation. Students will publish in professional journals and present research at conferences.
- 5. Service and Professionalism:** Student will demonstrate commitment to service and professional involvement.

MFT PROGRAM CLIMATE

The MFT faculty and students work together to create a program climate that:

- | | |
|---|--|
| <input type="checkbox"/> values and affirms diversity | <input type="checkbox"/> is safe |
| <input type="checkbox"/> is non-discriminatory | <input type="checkbox"/> is supportive |
| <input type="checkbox"/> is positive and empowering | <input type="checkbox"/> is respectful |

STUDENT ASSOCIATE ORGANIZATION

The Marriage and Family Therapy Student Associate Organization is a student-run campus organization with a mission to assist students as they progress through their graduate studies. This is accomplished by: (1) coordinating social events to help students grow closer together and maintain some balance in their lives; and (2) providing a voice to faculty by raising issues and providing feedback relevant to improving the experience of graduate students.

MFT PROGRAM FACULTY

Dr. Glade Topham, Program Director & Professor
(785) 532-6245; gtopham@ksu.edu

Dr. Topham serves as Program Director and teaches courses in both the master's and doctoral programs. He also serves on committees for both master's and doctoral students. His research and clinical interests are focused on the parent-child relationship and the most effective/efficacious approaches to early parent-child treatment for vulnerable populations. In addition, Glade is interested in the influence of parenting and family relationships in the establishment of healthy weight balance in young children, and in the efficacy of transdisciplinary obesity prevention approaches that target physical and psychosocial health. He is a Licensed Marital and Family Therapist and an AAMFT Approved Supervisor.

Dr. Sandra M. Stith, Professor
(785) 532-4377; sstith@ksu.edu

Dr. Stith teaches didactic courses in both the master's and doctoral programs, provides individual and group clinical supervision, serves as major professor for both master's students and doctoral students, supervising theses and dissertations and supervises AAMFT Approved Supervisor Candidates. In her role as MFT program director she is responsible for all aspects of program

communication and assists with correspondence with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE). She also represents the program to the School Director, and works with the other MFT faculty to ensure that the clinical training program operates in a healthy manner and that students' needs are met. Her research interests are in intimate partner violence, dating violence, and treatment of couples in violent relationships. She is a Clinical Member of AAMFT, an Approved Supervisor, and a Kansas Licensed Clinical Marriage and Family Therapist.

Nancy O'Conner, M.S., Clinical Director
(785) 532-2220; noconner@ksu.edu

Nancy O'Conner provides individual and group clinical supervision to both master's and doctoral students. Nancy is responsible for case management issues, student therapist orientation and training, quality assurance review, clinical budget, and outreach and coordination of contracts for therapy services with the Family Center. She maintains a contract with the State of Kansas providing Home-Based Family therapy training for the Kansas Community mental health centers and private contractors. Nancy is an AAMFT Clinical Member and a LCMFT in Kansas.

Dr. Joyce A. Baptist, Associate Professor
(785) 532-6891; jbaptist@ksu.edu

Dr. Baptist teaches, supervises and serves on committees in both the master's and doctoral programs. Her research focuses on the efficacy of clinical treatments, resiliency of minority groups and young adults in Malaysia. In her current research on EMDR therapy, she assesses treatment outcomes using electroencephalogram (EEG) and eye tracking. She studies resiliency in immigrant/refugee groups, military and gay families, and relationship conflict and violence in Malaysia. Her clinical expertise lies in working with couples and families especially in relation to trauma. Dr. Baptist is the Advisor to the Malaysian Student Association. She is trained in EMDR therapy, is a Clinical Member of AAMFT, an AAMFT Approved Supervisor and a Kansas Licensed Clinical Marriage and Family Therapist.

Dr. Jared R. Anderson, Associate Professor
(785) 532-4198; jra@ksu.edu

Dr. Anderson teaches didactic courses in both the master's and doctoral programs, provides individual and group supervision, and serves as major professor for both master's and doctoral students. His research interests include the study of marriage across the life course, specifically with couples experiencing chronic illness (type 2 diabetes), military couples, and the development of intimate relationships among young adults in China. Clinically he is interested in working with couples on the brink of divorce and self-development approaches to marriage and relationship education.

Dr. Anderson is a Clinical Member of AAMFT, an Approved Supervisor, and a licensed Marriage and Family Therapist.

Dr. Amber Vennum, Assistant Professor
(785) 532-1489; avennum@ksu.edu

Dr. Vennum teaches, supervises, and serves on committees in both the master's and doctoral programs. Her research interests include the development of early romantic relationships, the impact of early romantic relationships on later adult romantic relationships, developing and evaluating programs that address healthy relationships, and working therapeutically with adolescents, young adults, and their families in school settings. Dr. Vennum is a Clinical Member of AAMFT, an Approved Supervisor, and a licensed Marriage and Family Therapist.

Dr. Jared Durtschi, Assistant Professor
(785) 532-1488; jadmft@ksu.edu

Dr. Durtschi teaches in both the master's and doctoral programs, provides individual and group supervision, and serves on committees for graduate students. His research interests center on couple and family process, specifically within the formative developmental periods of emerging adulthood, early marriage, and the transition to parenthood. Dr. Durtschi studies couples and families with large, national data sets, using longitudinal, dyadic data analysis to quantitatively examine processes between and within family members. Clinically, he enjoys working with couples wanting to strengthen

their romantic relationship, and with families coping with crises and stress. Dr. Durtschi is a Clinical Member of AAMFT and a licensed Marriage and Family Therapist.

GRADUATION REQUIREMENTS

At least 90 credit hours are required for graduation. No more than 30 hours may be transferred in to the program from a master's degree. In addition, each student will complete a written preliminary examination and/or a doctoral portfolio, and if necessary successfully defend them. Each student will also work with their major professor to write a dissertation and complete an oral defense of the dissertation.

RESEARCH TEAMS

The Research team experience provides an opportunity to work directly with faculty researchers and student colleagues. These direct experiences in collaborative relationships compliment knowledge and understanding acquired in coursework. The research team experience can enhance expertise, foster career goals and advance skills needed for the dissertation. In addition, students may have an opportunity to co-author publications or conference presentations.

SUPERVISION AND CLINICAL REQUIREMENTS

All doctoral students are required to be involved in clinical work during their first two years in the program. Students provide therapy at the Family Center, the on-campus MFT clinic. The facility includes five therapy rooms and a large group room. All rooms have one-way mirrors and state-of-the-art audiovisual equipment. In addition, there may be opportunities for practicum placements at a variety of social service agencies in the area, including a regional medical center and other agencies serving medically underserved populations.

During their second year students are required to supervise master's students under the supervision of the MFT Faculty who are AAMFT Approved Supervisors.

Students must accrue 1,000 clinical contact hours in order to graduate from the program (including equivalent hours obtained during the student's master's degree program).

DOCTORAL PORTFOLIO

Doctoral students are required to complete a portfolio documenting evidence of success in four areas: 1) Publications – two to three publications, two publications if at least one of these publications is single author or first author; 2) Presentations – two to three peer-reviewed presentations at professional conferences; 3) Teaching and/or Outreach – document two of the following: teach an academic course, 6-10 presentations for a local social service agency, or evidence of ongoing work with a specialized clinical population; 4) Leadership - maintain professional membership, pass national MFT exam, and two additional activities, for example, review at least one manuscript for a professional journal, serve as a proposal reviewer for a state or national conference, membership on organizational boards, volunteer work at professional conferences, etc.

Once the portfolio has been completed, the student must complete a defense of the portfolio with the student's committee. The full committee will then determine if the student has successfully completed the K-State doctoral portfolio requirements.

Students who do not meet the publication requirements of the portfolio must also complete a written preliminary examination.

A SAMPLE PROGRAM OF STUDY

On the next page is a sample plan for completing the doctoral degree in marriage and family therapy. This is not the only way to complete the program. Variations in course scheduling, future plans, and previous coursework should be considered when using this plan. The core doctoral courses are offered every other year, so the order of the program of study depends on when the program is started, an odd or even year. There are a number of courses within FSHS or other departments on campus that could enhance the Program of Study. Because some of these courses are also taught only one semester in each given academic year or in alternate years, be certain to discuss choices of these courses with your advisor.

Fall 2016 PhD Cohort Sample Program of Study

Note: This sample program assumes the student is employed 10-20 hours a week.

FALL 2016 (9 CREDITS)			
FSHS 983	MFT Research (3)	FSHS 910	Advanced MFT Research: SEM 1 (3) OR
FSHS 985	Practicum (3)	FSHS 806	Stats 1/EDCEP 817: Stat Methods in Edu
SPRING 2017 (9-12 CREDITS)			
FSHS 985	Practicum (3)	FSHS 910	Advanced MFT Research II: SEM II (3) OR
FSHS 970	Clinical Specialization (3)	FSHS 906	Stats II/EDCEP 917/Socio 825 (3) OR
		Socio 824	Qualitative Methodology (3)
SUMMER 2017 (6 CREDITS)			
FSHS 985	Practicum (3)	FSHS 892	Research Practicum (3)
FALL 2017 (9-12 CREDITS)			
FSHS 984	Supervision in MFT (3)	FSHS 986	Practicum in Supervision of MFT (3)
XXXXXXX	Research/Clinical Elective (3)	FSHS 902	Qualitative Research Methods in FSHS
SPRING 2018 (7-10 CREDITS)			
FSHS 986	Practicum in Supervision of MFT (3)	FSHS 950	Advanced Theory (3)
FSHS 990	Dissertation Proposal Seminar (1)	XXXXXXX	Research/Clinical Elective
FALL 2018 (15 CREDITS)			
FSHS 999 – PhD Research in Family Studies and Human Services (Credits Vary)			
Spring 2019 (15 Credit Hours)			
FSHS 999 – PhD Research in Family Studies and Human Services (Credits Vary)			

All doctoral students must complete the following before graduation:

- 1,000 client hours, including hours earned in accredited master's degree
- At least 90 credit hours are required for graduation. No more than 30 credit hours from a master's degree may be applied to fulfill this.
- Successfully defend your dissertation proposal seminar, write the dissertation, and successfully complete your oral defense of the dissertation.

One of the following:

- Successfully complete portfolio with fewer than two publications
- Complete written preliminary examinations and, if necessary, successfully defend them in the oral preliminary examination

OR

- Successfully complete portfolio with at least two publications

MFT Research Teams Opportunities

Fall 2016 and Spring 2017

Faculty	Topic	Participant duties	Presentations and publications
Topham	<i>Parent-child relationship predictors of child physical (healthy weight balance) and socioemotional outcomes</i>	<ul style="list-style-type: none"> • Collect & analyze data • Write sections of journal articles 	<ul style="list-style-type: none"> • <i>Conference Presentations</i> • <i>Journal Articles</i>
Topham	<i>Efficacy/Effectiveness of Early Parent-Child Intervention</i>	<ul style="list-style-type: none"> • Write section of proposals • Collect & analyze data • Intervention delivery • Write section of journal articles 	<ul style="list-style-type: none"> • Conference Presentations • Journal Articles
Stith	<i>Meta-analysis on risk factors for partner violence</i>	<ul style="list-style-type: none"> • Write Proposals • Write sections of journal articles • Use meta-analysis software to analyze data 	<ul style="list-style-type: none"> • Journal articles • NCFR and AAMFT proposals
Anderson	<i>The Couples & Diabetes Project: Marital Influences on Disease Management and Metabolic Control</i>	<ul style="list-style-type: none"> • Reviewing literature • Analyzing data • Writing journal article • Grant Writing 	<ul style="list-style-type: none"> • AAMFT/NCFR presentations • Journal articles
Anderson	<i>The Development of Young Adult Romantic Relationships in Mainland China.</i>	<ul style="list-style-type: none"> • Reviewing literature • Analyzing data • Writing journal article 	<ul style="list-style-type: none"> • NCFR Presentation • Journal article
Baptist	<i>Clinical Research on EMDR</i>	<ul style="list-style-type: none"> • Reviewing literature • Collecting and analyzing data • Writing journal articles • Writing grants 	<ul style="list-style-type: none"> • Journal articles • Conference presentations
Baptist	<i>Relationship maintenance and partner violence in Malaysia</i>	<ul style="list-style-type: none"> • Reviewing literature • Analyzing quantitative data • Writing journal articles 	<ul style="list-style-type: none"> • Journal articles • AAMFT/NCFR presentations
Vennum	<i>Supporting military families through school-based mental health</i>	<ul style="list-style-type: none"> • Grant writing & Project Design • Collecting & analyzing data • Writing journal articles 	<ul style="list-style-type: none"> • Conference Presentation • Journal Articles
Vennum	<i>The development of a relationship education app for young adults.</i>	<ul style="list-style-type: none"> • Reviewing literature • Grant writing & Project Design • Marketing • Data Analysis • Writing journal articles 	<ul style="list-style-type: none"> • NCFR Presentation • Journal Article
Vennum	<i>Predictors & outcomes of relationship cycling during young adulthood</i>	<ul style="list-style-type: none"> • Reviewing literature • Project Design • Participant Recruitment • Collecting & analyzing data • Writing journal articles 	<ul style="list-style-type: none"> • Conference Presentation • Journal Articles

Durtschi	<i>Relationship quality across the transition to parenthood</i>	<ul style="list-style-type: none"> • Review literature • Grant writing • Assist in gathering data, managing data, & paying participants in a 15-month study of couples • Analyze data • Write journal articles 	<ul style="list-style-type: none"> • AAMFT/NCFR presentation • Journal Articles
Durtschi	<i>Marital quality in early stages of marriage</i>	<ul style="list-style-type: none"> • Review literature • Analyze data • Write journal articles 	<ul style="list-style-type: none"> • AAMFT/NCFR presentation • Journal Articles
Durtschi	<i>Links between marital interactions, parenting and child outcome</i>	<ul style="list-style-type: none"> • Review literature • Analyze data • Write journal articles 	<ul style="list-style-type: none"> • AAMFT/NCFR presentation • Journal Articles
O'Conner	<i>Home-based family therapy-fidelity study addressing therapist self-care and supervision</i>	<ul style="list-style-type: none"> • Review Literature • Downloading data • Analyzing data 	<ul style="list-style-type: none"> • AAMFT/NCFR presentations and posters • Journal article