

Approved FNP Incentives

Each item must cost \$4.00 or less

Food Resource Management

Calculators with a food budgeting message – “Nutrition Adds Up!”

Food Safety

Thermometers (KSRE)
Thermometer magnets
Nail brushes for handwashing
Hand sanitizer

Nutrition

MyPyramid Wheel (Eatsmart.org Washington State Dairy Council)
MyPyramid Food Wheel (Colorado)
Books highlighted in Book in a Bag (under \$4.00 each)
Kids a Cookin’ DVDs
More Matters Brochures (Produce for Better Health)
 Munching Matters – The Snacking Secret
 Finding Your Balance with Fruits and Vegetables
 The Fruits & Veggies Guide to Good T.A.S.T.E..for Kids
Loving your Family-Feeding Their Future booklets - USDA

Bookmarks

Calcium Facts and Bone Up on Calcium (Dairy Council)
Healthy Snacks (TJ Specialities)
Fitness is Fun (TJ Specialities)
MyPyramid (Learning Zone Xpress)
MyPyramid for Kids (Learning Zone Xpress)

MyPyramid Tear Pads (National Cattleman’s Beef Asso.)
Cool Fuel Kids Cookbook (Produce for Better Health)
Champions Activity Books (English/Spanish) (Produce for Better Health)
Be Real Smart About Nutrition and Exercise Activity and Coloring Book (NIMCO)
MyActivity Pyramid (Missouri)

Magnets

MyPyramid for Kids (Learning Zone Xpress) ([TJ Specialities](#))
MyPyramid (Oregon Dairy Council)
Thermometer
Color Model & Fruits and Veggie More Matters (Produce for Better Health)
Eat Together Eat Better (Washington State Dairy Council)

Stickers **IF** part of the activity

Eat Together Eat Better (Washington State Dairy Council)
Handwashing stickers of Germs (Brevis)
MyPyramid (Learning Zone Xpress)

Kitchen Tools

Measuring cups and spoons
Rubber spatula
Cutting boards
Mixing bowls
Hot pads/oven mitt
Apple corer or citrus peeler
Vegetable peeler
Vegetable brush
Kitchen timer
Spatula
Grater
Strainer
Can opener
Whisk
Bag clip

Physical Activity Promotion (with nutrition activity only)

Water bottle
Pedometer
Jump rope
Frisbie
Hula Hoop

N Zone Sportswear at www.companycasuals.com/ksre for the purple aprons, calculators, tote bags, pedometers, frisbies. anndee@nzsw.com - 800-784-3234, Ext. 205

Discount Mugs at www.dicountmugs.com to order grocery tote bags and calculators
USDA SNAP-Ed Good for You logo order #DM300327 call Lesslie 1-800-569-1980 ext. 264

www.learningzonexpress.com

<http://pbhcatalog.com>

<http://www.eatsmart.org/>

<http://www.tjspecialtiesinc.com/>

<http://www.beef.org/>

<http://extension.missouri.edu/explorepdf/hesguide/foodnut/n00386.pdf> - My Activity Pyramid

www.canningpantry.com – Spuddy Buddy Potato Brush (NP-1075)\$3.49-less in quantity

www.numatters.com – Nutrition education cards (MyPyramid, Mealtime, WIC foods)