

¿QUÉ SE ESTÁ COCINANDO EN EL MERCADO?



Porciones:

Ingredientes:



¿QUÉ SE ESTÁ COCINANDO EN EL MERCADO?



Porciones:

Ingredientes:



¿QUÉ SE ESTÁ COCINANDO EN EL MERCADO?



Porciones:

Ingredientes:



¿QUÉ SE ESTÁ COCINANDO EN EL MERCADO?



Porciones:

Ingredientes:





Preparación:

Preparación:


DATOS NUTRICIONALES

DATOS NUTRICIONALES

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP) through a contract awarded by the Kansas Department for Children and Families. USDA is an equal opportunity employer and provider. SNAP provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more call 1-800-221-5689.



This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP) through a contract awarded by the Kansas Department for Children and Families. USDA is an equal opportunity employer and provider. SNAP provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more call 1-800-221-5689.



Preparación:

Preparación:

DATOS NUTRICIONALES

DATOS NUTRICIONALES

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP) through a contract awarded by the Kansas Department for Children and Families. USDA is an equal opportunity employer and provider. SNAP provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more call 1-800-221-5689.



This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP) through a contract awarded by the Kansas Department for Children and Families. USDA is an equal opportunity employer and provider. SNAP provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more call 1-800-221-5689.

