

Curricula _____

County _____

Date _____



Participant Information

Age: (Please check one)

- Teen
- Adult age 19-40
- Adult age 41-59
- Adult age 60+

Gender: (Please circle one)

Male Female

Survey

Legumes: Peas, Beans and Lentils; Unsung Bargains

Please help us make our programs and materials better by answering the following questions. First think about what you will do from now on and then think back to what you did before. *Circle the best answer for each.*

	Never		Often		Always
<p>● After today, how often will you eat meals that include a variety of foods from MyPyramid?</p>	1	2	3	4	5
<p>● Before today, how often did you eat meals that included a variety of foods from MyPyramid?</p>	1	2	3	4	5
<p>● After today, how often will you compare prices before you buy food?</p>	1	2	3	4	5
<p>● Before today, how often did you compare prices before you bought food?</p>	1	2	3	4	5

Continued on back

Legumes: Peas, Beans and Lentils; Unsung Bargains

- **After today**, how many ounce equivalents from the meat group will you eat per day? _____

Examples of an ounce equivalent are:
1 ounce of meat, fish or poultry
1 tablespoon peanut butter
1 egg
 $\frac{1}{4}$ cup pinto or black beans

- **Before today**, how many ounce equivalents from the meat group did you eat per day? _____

- **Which** of these food programs do you think you will use in the next 12 months?
(Circle all that apply)

- 1) WIC
- 2) Vision Card
- 3) School Breakfast
- 4) School Lunch
- 5) Food Pantry
- 6) Summer Child Feeding Program

- **Which** of these food programs did you use in the last 12 months?
(Circle all that apply)

- 1) WIC
- 2) Vision Card
- 3) School Breakfast
- 4) School Lunch
- 5) Food Pantry
- 6) Summer Child Feeding Program