



## Survey

# Cheese, Yogurt, and Other Calcium Sources

### Participant Information

Age: (Please check one)

- Teen
- Adult age 19-40
- Adult age 41-59
- Adult age 60+

Gender: (Please circle one)

Male                  Female

Please help us make our programs and materials better by answering the following questions. First think about what you will do from now on and then think back to what you did before. *Circle the best answer for each.*

- **After today**, how many cups from the milk group will you eat per day? \_\_\_\_\_

*Examples of 1 cup are:*

- 1 cup milk*
- 1½ ounces natural cheese*
- 2 ounces processed cheese*
- 1 cup yogurt*

- **Before today**, how many cups from the milk group did you eat per day? \_\_\_\_\_

	Never		Often		Always
● <b>After today</b> , how often will you let meat and dairy foods sit out for more than 2 hours?	1	2	3	4	5
● <b>Before today</b> , how often did you let meat and dairy foods sit out for more than 2 hours?	1	2	3	4	5

*Continued on back*

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● **Which** of these food programs do you think you will use in the next 12 months?  
(Circle all that apply)

- 1) WIC
- 2) Vision Card
- 3) School Breakfast
- 4) School Lunch
- 5) Food Pantry
- 6) Summer Child Feeding Program

● **Which** of these food programs did you use in the last 12 months?  
(Circle all that apply)

- 1) WIC
- 2) Vision Card
- 3) School Breakfast
- 4) School Lunch
- 5) Food Pantry
- 6) Summer Child Feeding Program