

Curricula \_\_\_\_\_

County \_\_\_\_\_

Date \_\_\_\_\_

# Good for You!

## Survey

### Participant Information

Age: (Please check one)

- Teen
- Adult age 19-40
- Adult age 41-59
- Adult age 60+

Gender: (Please circle one)

Male      Female

### GOOD FOR YOU! WHAT'S FOR SUPPER?

Please help us make our programs and materials better by answering the following questions. First think about what you will do from now on and then think back to what you did before. *Circle the best answer for each.*

Never                      Often                      Always

**After today**, how often will you eat meals that include a variety of foods from MyPyramid?

1      2      3      4      5

**Before today**, how often did you eat meals that included a variety of foods from MyPyramid?

1      2      3      4      5

**After today**, how often will you shop for food from a list?

1      2      3      4      5

**Before today**, how often will you shop for food from a list?

1      2      3      4      5

**GOOD FOR YOU! WHAT'S FOR SUPPER?**

Never                      Often                      Always

**After today**, how often will you compare prices before you buy food?

1      2      3      4      5

**Before today**, how often did you compare prices before you bought food?

1      2      3      4      5

**After today**, how often will you plan your meals ahead of time?

1      2      3      4      5

**Before today**, how often did you plan your meals ahead of time?

1      2      3      4      5

**Which** of these food programs do you think you will use in the next 12 months?  
(Circle all that apply)

- 1) WIC
- 2) Vision Card
- 3) School Breakfast
- 4) School Lunch
- 5) Food Pantry
- 6) Summer Child Feeding Program

**Which** of these food programs did you use in the last 12 months?  
(Circle all that apply)

- 1) WIC
- 2) Vision Card
- 3) School Breakfast
- 4) School Lunch
- 5) Food Pantry
- 6) Summer Child Feeding Program