

**Curriculum Vitae
Tandalayo Kidd, PhD, RD, LPN**

General Information:

Work Address Department of Human Nutrition
 Kansas State Research and Extension
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Education:

May 2005 **Ph.D.**
 Kansas State University (Human Nutrition)
 Dissertation: Identification of Perceived Nutrition
 Education Needs of Junior Enlisted Army Family
 Members and Survey Development

May 2002 **M.S.**
 Kansas State University (Hotel, Restaurant, Institutional
 Management and Dietetics)
 Thesis: Factors Influencing Fruit Consumption
 Among Young Adults Between the Ages of 18 and
 24 in Kansas.

May 1997 **B.S.**
 Kansas State University (Foods and Nutrition)

Professional Certification:

Registered Dietitian, American Dietetic Association

Licensed Practical Nurse, State of Kansas

Extension Experience:

2011 – present **Associate Professor/Extension Specialist**
 Department of Human Nutrition
 Kansas State University
 Specialty Area: Adolescent and Young Adult Obesity

2005 – 2011 **Assistant Professor/Extension Specialist**
Department of Human Nutrition
Kansas State University
Specialty Area: Nutrition and Physical Activity

2004 – 2005 **Extension Associate**
Department of Human Nutrition
Kansas State University
Specialty Area: Obesity, Eating Disorders, and Sports
Nutrition in the Child to Adult Population

Teaching Experience:

2002 – 2003 **Graduate Teaching Assistant**
Department of Human Nutrition
Kansas State University
Course: Basic Nutrition

1999 – 2000 **Graduate Teaching Assistant**
Department of Hotel, Restaurant, Institutional Management and
Dietetics
Kansas State University
Course: Food Safety

Refereed Publications:

Koenings M, Horacek T, Kattelman K, Byrd-Bredbenner C, Gurka M, Johnson M, **Kidd T**, Phillips B, Olfert M. (In Review). Prevalence of sugar-sweetened beverages in campus vending machines and college students' weight status. *American Journal of Health Promotion*

Quick, V., Byrd-Bredbenner, C., White, A.A., Brown, O., Colby, S., Shoff, S., Lohse, B., Horacek, T., **Kidd, T.**, and Greene, G. (In Review) Eat, sleep, work, play: Associations of weight status and health-related behaviors among young adult college students. *American Journal of Health Promotion*.

Horacek, T., Erdman, M., Reznar, M., Olfert, M., Brown-Esters, O., Kattelman, K., **Kidd, T.**, Koenings, M., Phillips, B., Quick, G., Shelnut, P., and White, A. Evaluation of the Food Store Environment on and Near the Campus of 15 Post-secondary Institutions. (In Press). *American Journal of Health Promotion*

Walsh J, Herbert A, Byrd-Bredbenner C, Carey G, Colby S, Esters O, Greene G, Hoerr S, Horacek T, Kattelman K, **Kidd T**, Koenings M, Phillips B, Shelnut K, and White A.

(2012). The Development and Preliminary Validation of the Behavior, Environment and Changeability Survey (BECS): A Tool to Assess Health-promoting Behavior and the Environment. *Journal of Nutrition Education and Behavior*: 44;490-499.

Byrd-Bredbenner, C., Johnson, M., Quick, V., Qalsh, J., Greene, G., Hoerr, S., Colby, S., Kattelman, K., Phillips, B., **Kidd, T.**, and Horacek, T. (2012). Sweet & Salty: An Assessment of the Snacks and Beverages Sold in Vending Machines on U.S. Post-Secondary Institution Campuses. *Appetite*: 58;1143-1151.

Kidd, T. and Peters, P. (2010). Decisional Balance for Health and Weight is Associated with Whole Fruit Intake in Low-income Young Adults. *Nutrition Research*: 30(7);477-482.

Kidd, T., Johannes, E., Simonson, L., and Medeiros, D. (2008). KNACK Online: An Evidence-based Website Developed to Address Adolescent Obesity. *Journal of Nutrition Education and Behavior*: 40(3);189-190.

Kidd, T., Peters, P., and Holcomb, C. (2007). Exploring Factors that Influence the Food Behaviors of Junior Enlisted Army Family. *Journal of Hunger and Environmental Nutrition*: 2(2/3);129-141.

Peer- reviewed Book Chapter:

Chester, D.N., Weatherpoon, L., **Kidd, T.** (2009). African American Food Practices. In: Goody, C.M., Drago, L. Cultural Food Practices/Diabetes Care and Education Dietetic Practice Group. Chicago, IL. American Dietetic Association. p. 28-41.

Peer-reviewed Published Abstracts (with oral or poster presentations)

C. Byrd-Bredbenner, V. Quick, A. White, O. Brown-Esters, S. Colby, S. Shoff, B. Lohse, G. Greene, T. Horacek, **T. Kidd**. (2013). EAT, SLEEP, WORK, PLAY: Relationships among health-related behaviors of young adults by weight status. International Union of Nutritional Sciences (IUNS) International Congress of Nutrition. Granada, Spain. September 2013.

Quick V, Byrd-Bredbenner C, Brown-Esters O, Colby S, Horacek T, Shoff S, White A, Lohse B, Greene G, **Kidd T.** (2013). Relationships Among Sleep Duration, Weight-Related Behaviors, and BMI in College Students. Food and Nutrition Conference and Exposition 2013 (Houston, TX), Accepted.

J. Kumar, E. Karkle, K. Adhikari, S. Alavi, **T. Kidd**. (2013). Comparing Hedonic Responses of Middle School Children towards Healthy and Unhealthy Snack Foods. Pangborn Sensory Science Symposium. Rio de Janeiro, Brazil. August 2013.

Carolyn Byer, Adrienne White, Carol Byrd-Bredbenner, Geoffrey Greene, Mallory Koenings, Tanya Horacek, Sharon Hoerr, Beatrice Phillips, Sarah Colby, OnikiaBrown-

Esters, Jesse Stable Morrell, **TandalayoKidd**, Melissa Olfert, Karla Shelnut, Cuirong Ren, Kendra Kattelmann. (2013). Effectiveness of a theory-based, web-delivered intervention for increasing fruit and vegetable intake. Poster presentation given at the Society for Nutrition Education and Behavior Annual Conference, Portland, OR. August 2013.

Walsh JR, Byrd-Bredbenner C, Morrell JS, Colby S, Brown-Esters O, Green G, Hoerr S, Horacek T, **Kidd T**, Koenings M, Phillips B, Shelnut KP, Olfert M, White AA, Kattelmann KK. (2013). Examining Differences in Anthropometric Measures and Dietary Intake of Young Adults Attending College or Vocational Programs. Poster presentation given at the Society for Nutrition Education and Behavior Annual Conference, Portland, OR. August 2013.

Han, J., **Kidd, T.**, Haub, M., Thompson-Snyder, C. (2013). The relationship between calcium intake and bone mineral density among young U.S. college students. Poster presentation given at the Missouri, Iowa, Nebraska, Kansas (MINK) Dietetic Conference, Overland Park, KS. April 2013..

Thompson-Snyder, C., **Kidd, T.**, Kattelmann, K., Byrd-Bredbenner, C., Colby, S., Hoerr, S., Olfert, M., Morrell, J. (2013). Characteristics associated with hypertension guidelines of a young adult college population. Poster presentation given at the Missouri, Iowa, Nebraska, Kansas (MINK) Dietetic Conference, Overland Park, KS. April 2013..

Kattelmann, K., White, A., Byrd-Bredbenner, C., Greene, G., Koenings, M., Horacek, T., Hoerr, S., Phillips, B., Colby, S., Brown-Esters, Stable-Morell, J., **Kidd, T.**, Olfert, M., Shelnut, K. Project YEAH: Development of a web-based intervention for preventing excess weight gain in young adults. International Congress of Dietetics, Sydney Australia, Sept 5-8, 2012.

Horacek, T., Brown-Esters, O., Byrd-Bredbenner, C., Carey, G., Colby, S., Greene, G., Hoerr, S., **Kidd, T.**, Koenings, M., Olfert, M., Phillips, B., Shelnut, K., White, A. Obesity prevention behavior and environment relationships on U.S. post-secondary. International Congress of Dietetics Proceedings, Sydney Australia, Sept 5-8, 2012.

Kattelmann, K., Mortinsen, K., Phillips, B., Greene, G., Shelnut, KP., Olfert, M., Esters, O., Nitzke, S., Horacek, T., Quick, V., Hoerr, S., **Kidd, T.**, Colby, S., Morrell, J. (2011). Tailoring a Management Access System for Use by Campus Coordinators in 14 States for a Web-Based Nutrition Intervention. *Journal of Nutrition Education and Behavior*: 43(4S1);S33-34. Poster presentation given at the Society for Nutrition Education Annual Conference, Kansas City, KS. July 2011

Kattelmann, K., White, A., Byrd-Bredbenner, C., Nitzke, S., Greene, G., Horacek, T., Hoerr, S., Phillips, B., Colby, S., Esters, O., Morrell, J., Olfert, M., **Kidd, T.**, Shelnut, K. (2011). Project Y.E.A.H: Development of a Web-Based Intervention Guided by the Precede-Proceed Model for Preventing Excess Weight Gain in Young Adults. Poster presentation given at the International Society for Behavioral Nutrition and Physical

Activity (ISBNPA), Melbourne, Australia. June 2011.

Kidd, T., Schrage, A., Snyder, C., and Horacek, T. (2010). Vending Machines Affect on Discretionary Calorie Consumption. *Journal of the American Dietetic Association: 110(suppl 2);A-53*. Poster Presentation given at American Dietetic Association's Food & Nutrition Conference & Expo (FNCE), Boston, MA. November 2010.

Walsh, J., White, A., Byrd-Bredbenner, C., Colby, S., Esters, O., Greene, G., Hoerr, S., Horacek, T., Kattelman, K., **Kidd, T.**, Nitzke, S., and Phillips, B. (2010). Use of a Multi-phase Community Assessment Model to Identify Behavioral and Environmental Influences of Obesity for Young Adults. *Journal of the American Dietetic Association: 110(suppl 2);A-30*. Poster Presentation given at American Dietetic Association's Food & Nutrition Conference & Expo (FNCE), Boston, MA. November 2010.

Erdman, M., Horacek, T., Phillips, B., Guo, W., Colby, S., White, A., **Kidd, T.**, Koenings, M., Walsh, J., Quick, V., and Greene, G. (2010). Assessment of the Food and Eating Environment of College Campuses Using a Modified NEMS. *Journal of the American Dietetic Association: 110(suppl 2);A-24*. Poster Presentation given at American Dietetic Association's Food & Nutrition Conference & Expo (FNCE), Boston, MA. November 2010.

Snyder, C. and **Kidd, T.** (2010). Quality of Life Factors Influencing Health Behaviors in Young Adult Families. *Journal of Nutrition Education and Behavior: 42(4S);S105*. Poster Presentation given at the Society of Nutrition Education Annual Conference, Reno, NV. July 2010.

Guo, W., Reznar, M., Long, K., Lawson, K., Hoerr, S., and **Kidd, T.** (2010). College Students Were More Interested in Learning Stress Reduction and Time Management Than in Weight Reduction. *Journal of Nutrition Education and Behavior: 42(4S);S103-S104*. Poster Presentation given at the Society of Nutrition Education Annual Conference, Reno, NV. July 2010.

Horacek, T., Byrd-Bredbenner, C. Marco, A., Hoerr, S. Walsh, J., Colby, S.E., **Kidd, T.**, Johnson, M., and Phillips, B. (2010) Healthy Vending Snacks on 10 College Campuses: A Comparison of Nutrient Density Scores. *FASEB Journal*, 24:736. Poster presentation given at Experimental Biology Conference, Anaheim, CA. April 2010.

Kidd, T., Bradshaw, B., and Snyder C. (2008). Evaluating the Fruit and Vegetable Intake of Walk Kansas: Assessing the Community-based Approach. *Journal of the American Dietetic Association: 108(suppl);A95*. Poster presentation given at the American Dietetic Association's Food & Nutrition Conference & Expo (FNCE), Chicago, IL. October 2008.

Hamm, K. and **Kidd, T.** (2008). Kansans Move into Health. *Journal of the American Dietetic Association: 108(suppl);A100*. Poster presentation given at the American

Dietetic Association's Food & Nutrition Conference & Expo (FNCE), Chicago, IL. October 2008.

Kidd, T., Bradshaw, B., and Snyder C. (2007). Assessing the Impact of Walk Kansas on the Sustainability of Fruit and Vegetable Intake. *Journal of Nutrition Education and Behavior: 39(4S);S94*. Oral presentation given at the Society of Nutrition Education Annual Conference, Chicago, IL. July 2007.

Kidd, T., Johannes, E., Simonson, L., and Medeiros, D. (2007). KNACK Online: Addressing Adolescent Obesity. *Journal of Nutrition Education and Behavior: 39(4S);S132*. Poster presentation given at the Society of Nutrition Education Annual Conference, Chicago, IL. July 2007.

Extension Publications:

Kidd, T. and Keller, J. (2013, September). Nutrition and Activities for Communities: What's Fat All About?, *MF3086*.

Kidd, T. and Keller, J. (2013, September). Nutrition and Activities for Communities: Subtract the Sugar, *MF3085*.

Kidd, T. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: The Food Safety Zone, *MF3012*.

Kidd, T. , Metzgar, C. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: What's Your Beverage?, *MF3011*.

Kidd, T. , Metzgar, C. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: Move More, *MF3010*.

Kidd, T. , Metzgar, C. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: Super-Sized Snacks, *MF3009*.

Kidd, T. , Metzgar, C. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: Build Strength with Protein, *MF3008*.

Kidd, T. , Metzgar, C. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: The Whole Grain Truth, *MF3007*.

Kidd, T. , Metzgar, C. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: bone Up on Your Calcium, *MF3006*.

Kidd, T. , Metzgar, C. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: Mix and Match Your Fruits and Veggies, *MF3005*.

Kidd, T. , Metzgar, C. and Krehbiel, K. (2013, September). Nutrition and Activities for Communities: Start Your Day Right, *MF3004*.

Kidd, T. and Hanson, K. (2012, July). Emotional Appetite: The Food and Mood connection, Fact Sheet, *Family and Consumer Sciences Lesson Series, MF3052*.

Kidd, T. and Hanson, K. (2012, July). Emotional Appetite: The Food and Mood connection, Leader's Guide. *Family and Consumer Sciences Lesson Series, MF3051*.

Kidd, T. and Hamm, K. (2012, May). Kansans Move into Health: The Ups and Downs of Emotional Eating, Leader's Guide, *MF2973*.

Kidd, T. and Hamm, K. (2012, May). Kansans Move into Health: The Ups and Downs of Emotional Eating, *MF2972*.

Kidd, T. and Hamm, K. (2012, March). Kansans Move into Health: The Real Deal, Leader's Guide, *MF2971*.

Kidd, T. and Hamm, K. (2012, March). Kansans Move into Health: The Real Deal, *MF2970*.

Bilderback, S. and **Kidd, T.**, (2012). Celebrate! You Made It! *7-8 Grades*. Series 1, Issue 8.

Bilderback, S. and **Kidd, T.**, (2012). Wake Up to Breakfast. *7-8 Grades*. Series 1, Issue 7.

Bilderback, S. and **Kidd, T.**, (2012). Choose Your Foods Wisely. *7-8 Grades*. Series 1, Issue 6.

Bilderback, S. and **Kidd, T.**, (2012). Water, the Best Choice! *7-8 Grades*. Series 1, Issue 5.

Bilderback, S. and **Kidd, T.**, (2012). Vitamins in Your Food! *7-8 Grades*. Series 1, Issue 4.

Bilderback, S. and **Kidd, T.**, (2012). Enjoy Your Food, but Eat Less. *7-8 Grades*. Series 1, Issue 3.

Bilderback, S. and **Kidd, T.**, (2012). Remake Your Plate with MyPlate. *7-8 Grades*. Series 1, Issue 2.

Bilderback, S. and **Kidd, T.**, (2012). On Your Mark, Get Set, GO! *7-8 Grades*. Series 1, Issue 1.

Kidd, T. and Hamm, K. (2012, February). Kansans Move into Health: Taking it to the Streets, Leader's Guide, *MF2969*.

Kidd, T. and Hamm, K. (2012, February). Kansans Move into Health: Taking it to the Streets, *MF2968*.

Kidd, T. and Hamm, K. (2011, October). Kansans Move into Health: What's in a Snack, Leader's Guide, *MF2967*.

Kidd, T. and Hamm, K. (2011, October). Kansans Move into Health: What's in a Snack, *MF2966*.

Kidd, T. and Hamm, K. (2011, September). Kansans Move into Health: Everything in Moderation, Leader's Guide, *MF2965*.

Kidd, T. and Hamm, K. (2011, September). Kansans Move into Health: Everything in Moderation, *MF2964*.

Kidd, T. and Hamm, K. (2011, September). Kansans Move into Health: Taking it to the Store Leader's Guide, *MF2963*.

Kidd, T. and Hamm, K. (2011, September). Kansans Move into Health: Taking it to the Store, *MF2962*.

Kidd, T. and Hamm, K. (2011, August). Kansans Move into Health: Eating for Health, Leader's Guide, *MF2961*.

Kidd, T. and Hamm, K. (2011, August). Kansans Move into Health: Eating for Health, *MF2960*.

Kidd, T. and Hamm, K. (2011, July). Kansans Move into Health: Where Do I Stand, Leader's Guide, *MF2959*.

Kidd, T. and Hamm, K. (2011, July). Kansans Move into Health: Where Do I Stand, *MF2958*.

Bilderback, S. and **Kidd, T.**, (2011). Keep Moving. *Intermediate Weekly Workout*. Series 2, Issue 8.

Bilderback, S. and **Kidd, T.**, (2011). Keep Moving. *Primary Weekly Workout*. Series 2, Issue 8.

Bilderback, S. and **Kidd, T.**, (2011). What are Empty Calories? *Intermediate Weekly Workout*. Series 2, Issue 7.

Bilderback, S. and **Kidd, T.**, (2011). What are Empty Calories? *Primary Weekly Workout*. Series 2, Issue 7.

Bilderback, S. and **Kidd, T.**, (2011). Lean Into a Healthy Plate. *Intermediate Weekly Workout*. Series 2, Issue 6.

Bilderback, S. and **Kidd, T.**, (2011). Lean Into a Healthy Plate. *Primary Weekly Workout*. Series 2, Issue 6.

Bilderback, S. and **Kidd, T.**, (2011). Make Half Your Plate Fruits and Vegetables. *Intermediate Weekly Workout*. Series 2, Issue 5.

Bilderback, S. and **Kidd, T.**, (2011). Make Half Your Plate Fruits and Vegetables. *Primary Weekly Workout*. Series 2, Issue 5.

Bilderback, S. and **Kidd, T.**, (2011). Fruit—The Fun Food! *Intermediate Weekly Workout*. Series 2, Issue 4.

Bilderback, S. and **Kidd, T.**, (2011). Fruit—The Fun Food! *Primary Weekly Workout*. Series 2, Issue 4.

Bilderback, S. and **Kidd, T.**, (2011). Dairy Foods—Good for the Body! *Intermediate Weekly Workout*. Series 2, Issue 3.

Bilderback, S. and **Kidd, T.**, (2011). Dairy Foods—Good for the Body! *Primary Weekly Workout*. Series 2, Issue 3.

Bilderback, S. and **Kidd, T.**, (2011). Meet the Grain Group! *Intermediate Weekly Workout*. Series 2, Issue 2.

Bilderback, S. and **Kidd, T.**, (2011). Meet the Grain Groups! *Primary Weekly Workout*. Series 2, Issue 2.

Bilderback, S. and **Kidd, T.**, (2011). Welcome! *Intermediate Weekly Workout*. Series 2, Issue 1.

Bilderback, S. and **Kidd, T.**, (2011). Welcome! *Primary Weekly Workout*. Series 2, Issue 1.

Kidd, T. (2011, February). Healthy Behaviors: A Day-by-day Commitment. *Nutrition News*.

Kidd, T., Bilderback, S., and Hamm, K. (2010). Congratulations! You Made It! *Primary Weekly Workout*. Series 1, Issue 8.

- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Congratulations! You Made It! *Intermediate Weekly Workout*. Series 1, Issue 8.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Start Your Day Smart! Have Breakfast. *Primary Weekly Workout*. Series 1, Issue 7.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Start Your Day Smart! Eat Breakfast. *Intermediate Weekly Workout*. Series 1, Issue 7.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Go, Slow and Whoa Foods. *Primary Weekly Workout*. Series 1, Issue 6.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Go, Slow and Whoa Foods. *Intermediate Weekly Workout*. Series 1, Issue 6.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Pass the Water, Please. *Primary Weekly Workout*. Series 1, Issue 5.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Pass the Water, Please. *Intermediate Weekly Workout*. Series 1, Issue 5.
- Kidd, T. (2010, September).** The Roles of Food Additives. *Nutrition News*.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** The World of Vitamins. *Primary Weekly Workout*. Series 1, Issue 4.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Investigating the World of Vitamins. *Intermediate Weekly Workout*. Series 1, Issue 4.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** How Much Should You Eat? *Primary Weekly Workout*. Series 1, Issue 3.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** The Portion Problem. *Intermediate Weekly Workout*. Series 1, Issue 3.
- Kidd, T., Bilderback, S., Hamm, K. and Smith, F. (2010).** Put a Rainbow of Color on Your Plate. *Primary Weekly Workout*. Series 1, Issue 2.
- Kidd, T., Bilderback, S., Hamm, K. and Smith, F. (2010).** Put a Rainbow of Color on Your Plate. *Intermediate Weekly Workout*. Series 1, Issue 2.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Eat right, Exercise and Have Fun. *Primary Weekly Workout*. Series 1, Issue 1.
- Kidd, T., Bilderback, S., and Hamm, K. (2010).** Eat right, Exercise and Have Fun. *Intermediate Weekly Workout*. Series 1, Issue 1.

- Kidd, T.** (2010, March). Caffeine in Energy Drinks. *Nutrition News*.
- Kidd, T.** (2009, May). Eat Energy Dense Foods to Reduce Food Cost. *Nutrition News*.
- Kidd, T.** (2008, May). Facts and Functions of Prebiotics, Probiotics and Synbiotics. *Nutrition News*.
- Kidd, T.** (2007, September). Alli: Friend or foe? *Nutrition News*.
- Kidd, T.** (2007, July/September). What's on TV? *Young Families*.
- Kidd, T.** and Snyder, C. (2007, July). Kansans Move into Health: Leader's Guide. *Family and Consumer Sciences Lesson Series, MF-2782*.
- Kidd, T.** and Snyder, C. (2007, July). Kansans Move into Health: Fact Sheet. *Family and Consumer Sciences Lesson Series, MF-2783*.
- Kidd, T.** (2007, April/June). It's Party Time, Bring on the Snacks. *Young Families Newsletter*.
- Kidd, T.** (2007, January/March). Food Mixes Make Great Holiday Gifts. *Young Families Newsletter*.
- Kidd, T.** (2006, November/December). Lycopene: Front Line Defense Against Prostate Cancer? *Nutrition Spotlight, 10, 2*.
- Kidd, T.** (2006, March/April). Schools vital fight against child overweight. *Nutrition Spotlight, 10, 1*.
- Kidd, T.** (2006). Make good nutrition and exercise part of your family routine. *Young Families Newsletter, 11, 1*.
- Kidd, T.** (2005, July/August). New Dietary Guidelines: An Overview. *Nutrition Spotlight, 9, 2*.
- Kidd, T.** (2005, March/April). Dairy Foods Studied in Weight Loss. *Nutrition Spotlight, 9, 1*.
- Kidd, T.** and Higgins, M.M. (2005). Staying Hydrated. *Walk Kansas Newsletter, 3*.
- Kidd, T.** and Higgins, M.M. (2005). Five Tips for Healthier Eating. *Walk Kansas Newsletter, 1*.
- Kidd, T.** (2005, 4th Quarter). Classify Foods To Help Make Healthy Choices. *Young Families Newsletter, 10*.

Kidd, T. (2005, 3rd Quarter). Include Healthy Foods and Exercise in Summer Family Plans. *Young Families Newsletter*, 10.

Kidd, T. (2005, 1st Quarter). Healthy Habits and Antioxidants Help Prevent Colds and Flu. *Young Families Newsletter*, 10.

Kidd, T. (2004, 4th Quarter). Children and Grandparents Can Share Fun, Favorite Foods. *Young Families Newsletter*, 9.

Kidd, T. (2004, 3rd Quarter). Protect Children from Dehydration. *Young Families Newsletter*, 9.

Kidd, T. (2004, September/October). Strength in Numbers – Calcium Likely Food Add-in. *Nutrition Spotlight*, 8, 5.

Kidd, T. (2004, June/July). Dietary Reference Intake (DRIs) for Carbohydrate. *Nutrition Spotlight*, 8, 4. (Chart)

Kidd, T., Turner, D., and Knous, B.L. (2002). Heart Healthy Omega 3's. (Brochure) Manhattan, KS

Presentations/Interviews:

Kidd, T. (2012). Food, Mood Linked to Holiday Eating. Interviewed for the Kansas State Radio Network, Manhattan, KS. November 2012.

Kidd, T. (2012). K-State Awarded \$2.5 Million Grant to Study Kids, Food. Interviewed for the Kansas State Radio Network, Manhattan, KS. September 2012.

Kidd, T. (2012). K-State's 'Walk Kansas for Kids' is Family-Friendly Move toward Health. Interviewed for the Kansas State Radio Network, Manhattan, KS. March 2012.

Kidd, T. (2011). Giving your face-to-face program a 'facelift'. Presentation given for the Annual Society of Nutrition Education Conference, Kansas City, KS. July 2011

Kidd, T. (2011). Eat Better by Just a DASH. Presentation given at the Master Food Volunteer Conference, Manhattan, KS. May 2011.

Kidd, T. (2011). Emotional Eating: Eating Without Thinking. Presentation given for Osborne TOPS Program, Osborne, KS. April 2011.

Kidd, T. (2011). Emotional Eating: Eating Without Thinking. Presentation given as part of the Fort Riley Healthy Choices Series, Fort Riley, KS. March 2011.

Kidd, T. and Procter, S. (2011). Eat Better by Just a DASH. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2011.

Kidd, T. (2010). Emotional Eating: Eating Without Thinking. Presentation given for Beloit (Post Rock District) Wellness Program, Beloit, KS. October 2010.

Kidd, T. (2010). Emotional Eating: Eating Without Thinking. Presentation given for Osborne (Post Rock District) Wellness Program, Osborne, KS. October 2010.

Kidd, T. (2010). Emotional Eating: Eating Without Thinking. Presentation given for Russell County Diabetes Education Program, Russell, KS. October 2010.

Kidd, T. and Bilderback, S. (2010). Walk Kansas for Kids. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. August 2010.

Kidd, T. (2010). Emotional Eating: Eating Without Thinking. Presentation given for Post Rock District Wellness Program, Mankato/Labanon, KS. March 2010.

Kidd, T. (2010). Emotional Eating: Eating Without Thinking. Presentation given for Thomas County Wise Up and Count Down Program, Colby, KS. March 2010.

Kidd, T. (2010). Understanding “Front-of-Package” Nutrition Labeling Programs. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2010.

Kidd, T. (2010). Emotional Eating: Eating Without Thinking. Presentation given for Sheridan County Meltdown Program, Hoxie, KS. February 2010.

Kidd, T. (2009). Enjoy Holiday Foods Without Adding Extra Pounds. Interviewed for the Kansas State Radio Network, Manhattan, KS. November 2009.

Alavi, S. and **Kidd, T.** (2009). Promoting Healthy Snacks Among School Children. Presentation given at K-State Engagement Colloquium, Manhattan, KS. October 2009.

Kidd, T. (2009). Tips for Parents: Back-to-School Call for Caution. Interviewed for the Kansas State Radio Network, Manhattan, KS. September 2009.

Kidd, T. and Adhikari, K. (2009). Food Sensory Analysis, Nutrition and Physical Activity. Presentation given for 4-H Discovery Days, Manhattan, KS. June 2009

Kidd, T. (2009). Nutrition and Exercise for Diabetics. Presentation/Demonstration given for Russell County Dining with Diabetes, Russell, KS. April 2009.

Kidd, T. (2009). Emotional Eating: Eating Without Thinking. Presentation given for Finney County Corporate Meltdown 2009, Garden City, KS. January 2009.

Kidd, T. (2008). Emotional Eating. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2008.

Kidd, T. (2007). The Benefits of Wellness. Presentation given at the Kansas State University Housing and Dining Education Day, Manhattan, KS. August 2007.

Kidd, T. (2007). Kansans Move into Health. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. August 2007.

Kidd, T. (2007). Experiences Associated with Submitting a GEM to JNEB for Publication. Workshop presentation given at the Society of Nutrition Education Annual Conference, Chicago, IL. July 2007.

Kidd, T. (2007). Adolescent Nutrition: The Power to Choose. Presentation given at the United Association Conference, Wichita, KS. March 2007.

Kidd, T. (2007). K.N.A.C.K. Online: The Nutrient and Physical Activity Connection. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2007.

Kidd, T. (2006). School Wellness Policy Update. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2006.

Kidd, T. (2005). MyPyramid: Steps to a Healthier You and Consumer Advice Based on the 2005 Dietary Guidelines for Americans. Presentation given at the Master Food Volunteer Training Workshop, Manhattan, KS. May 2005.

Kidd, T. (2005). I'm Thirsty: What Should I Drink? Presentation given at the Sylvan Grove High School Health Fair, Sylvan Grove, KS. April 2005.

Kidd, T. (2005). Sports Nutrition: Nutrition for the Active You. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2005.

Kidd, T. (2004). The Benefits of Family Dinners in Controlling Children's Weight. Interviewed for the Kansas State Radio Network, Manhattan, KS. November 2004.

Kidd, T. and Procter, S. (2004). Shaping Children's Healthy Weight. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. August 2004.

Kidd, T., Shanklin, C.W., and Peters, P. (2002). Factors Influencing Fruit Consumption Among Young Adults Between the Ages of 18 and 24 in Kansas. *Kansas Dietetic Association/Missouri Dietetic Association*, April 10 – 12, 2002. (Abstract/Poster)

Grants

Kidd, T, et al. (August 2012 – July 2017) Community-Based Participatory Research Model in Preventing Overweight and Obesity Among 6-8th Grade Youth in Low-Income Racial/Ethnic Communities. Funded by USDA/AFRI Integrated, \$2,499,603.

Kattelman, K, et al (August 09-July 2012) Development of a Randomized Trial Guided by the Process of PRECEDE-PROCEED for Prevention of Excessive Weight Gain in Communities of Young Adults. Funded by USDA/CREES/NRI Integrated, \$1,499,270,
Kidd, T. Kansas State University Principal Investigator.

Alavi, S., **Kidd, T.**, Adhikari, K., and Muturi, N. (January 09-December 09). Development and Promotion of Healthy Snack Products for School Children. Funded by the Center of Engagement and Community Development from Kansas State University, \$11,200

Honors and Awards:

Howard Hughes Medical Institute Science Initiative Scholarship
Marjorie McCall Hemphill Award
LeVelle Wood Scholarship
Josephine E. Brooks Fellowship
American Dietetic Association Scholarship

Honor Societies:

Eta Sigma Delta Hospitality Honor Society
Kappa Omicron Nu Honor Society
Phi Upsilon Omicron Honor Society
Epsilon Sigma Phi Cooperative Extension Honorary Society

Professional Organizations:

American Dietetic Association
Kansas Dietetic Association
National Organization of Blacks in Dietetics and Nutrition
American Nurses Organization
Society of Nutrition Education