

Amber D. Howells, PhD, RDN, LD

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Education:

Kansas State University, Manhattan, KS

PhD in Human Ecology with specialization in Hospitality Management and Foodservice Management, May 2015

Department of Hospitality Management and Dietetics

Dissertation Title: *A Role Delineation Study of Clinical Nutrition Managers and the Relationships with Education and Self-Efficacy*

Masters of Science in Foodservice, Hospitality Management, and Dietetics Administration, May 2007

Department of Hotel, Restaurant, Institution Management and Dietetics

Thesis Title: *The Impact of Perceived Quality on Resident Satisfaction of the Dining Experience Among Assisted Living Residents*

Bachelor of Science in Dietetics, December 2001

Department of Hotel, Restaurant, Institution Management and Dietetics

New York Institute of Technology, Old Westbury, NY

Dietetic Intern and Graduate Student

January 2002 to August 2002

Professional Experience:

Academic Experience:

Kansas State University, July 2012 to Present

Department of Human Nutrition

Director, Coordinated Program in Dietetics

Evaluate the curriculum to reflect current accreditation standards

Develop and maintain relationships with state-wide preceptors for supervised practice experiences

Provide service to the university and professional organizations

Teach clinical nutrition courses

Advise 25 students and the Student Dietetic Association

Kansas State University, August 2011 to May 2012

Department of Hospitality Management and Dietetics

Graduate Teaching Assistant

HMD 560, Management in Dietetics

HMD 561, Management in Dietetics Practicum

HMD 562, Management in Dietetics Practicum Recitation

Kansas State University, August 2007 to July 2011

Department of Hospitality Management and Dietetics

Distance Education Instructor

HMD 220, Environmental Issues I
HMD 342, Food Production Management II
HMD 490, Practicum in Clinical Dietetics

Kansas State University, May 2006 to August 2007

Department of Hotel, Restaurant, Institution Management and Dietetics

Research Assistant for USDA Food Safety Grant

Industry Experience:

Healthcare Foodservice and Nutrition Services

Mercy Regional Health Center, Manhattan, KS, December 2010 to July 2011

Clinical Dietitian

Meadowlark Hills Retirement Community, Manhattan, KS, October 2007 to December 2010

Registered Dietitian (performed clinical and foodservice management responsibilities)

Morrison Senior Dining, New York, NY, August 2002 to March 2005

Clinical Dietitian

College and University Foodservice

Kansas State University Housing and Dining Services, May 2005 to May 2006

Registered Dietitian/Foodservice Manager

Proposals Funded:

Howells, A.D. & Shanklin, C.W. (2007). *The Impact of Perceived Quality on Resident Satisfaction of the Dining Experience Among Assisted Living Residents*. Kansas State University-Peine Excellence for Aging Initiative.

Publications:

Howells, A., Sauer, K., & Shanklin, C. (under initial review). Validating Human and Financial Management Responsibilities of Clinical Nutrition Managers. *Journal of the Academy of Nutrition and Dietetics*.

Sauer, K., **Howells, A.D.**, & Shanklin, C. (2015). Validating job satisfaction factors among clinical nutrition managers. *Topics in Clinical Nutrition*, 30(3), 199-208.

York, V.K., Brannon, L.A., Roberts, K.R., Shanklin, C.W., **Howells, A.D.**, & Barrett, E.B. (2012). Effects of observing employees for food safety compliance rates. *Journal of Foodservice Management and Education*, 6, 17-24.

Brannon, L.A. , Pilling, V.K., Roberts, K.R., Shanklin, C.W., & **Howells, A.D.** (2009). Appreciation of food safety practices based on level of experience. *Journal of Foodservice Business Research*, 12, 134-154.

York, V.K., Brannon, L.A., Shanklin, C.W., Roberts, K.R., **Howells, A.D.**, & Barrett, E.B. (2009). Foodservice employees benefit from interventions targeting barriers to food safety. *Journal of the American Dietetic Association*, 109, 1576-1581.

York, V.K., Brannon, L.A., Roberts, K.R., Shanklin, C.W., & **Howells, A.D.** (2009). Using the theory of planned behavior to elicit restaurant employee beliefs about food safety: Using surveys versus focus groups. *Journal of Foodservice Business Research*, 12, 180-197.

York, V.K., Brannon, L.A., Shanklin, C.W., Roberts, K.R., Barrett, E.B., & **Howells, A.D.** (2009). Intervention combination improves employees' food safety compliance rates. *International Journal of Contemporary Hospitality Management*, 21, 459-478.

Roberts, K.R., Barrett, E.B., **Howells, A.D.**, Shanklin, C.W., Pilling, V.K., & Brannon, L.A. (2008). Food safety training and foodservice employees' knowledge and behavior. *Food Protection Trends*, 28, 252-260

Pilling, V.K., Brannon, L.A., Shanklin, C.W., Roberts, K.R., Barrett, E.B., & **Howells, A.D.** (2008). Food safety training requirements and food handlers' knowledge and behaviors. *Food Protection Trends*, 28, 192-200.

Pilling, V.K., Brannon, L.A., Shanklin, C.W., **Howells, A.D.**, & Roberts, K.R. (2008). Identifying specific beliefs to target to improve restaurant employees' intentions for performing three important food safety behaviors. *Journal of the American Dietetic Association*, 108, 991-997.

Howells, A.D., Roberts, K.R., Shanklin, C.W., Pilling, V.K., Brannon, L.A., & Barrett, E.B. (2008). Restaurant employees' perceptions of barriers to three food safety practices. *Journal of the American Dietetic Association*, 108, 1345-1349.

Presentations:

Howells, A.D., Sauer, K.L., & Shanklin, C.W. (April 2015). A Methodology for Examining Clinical Nutrition Management Practice. *Poster Presentation at the Annual Kansas Dietetic Association Conference.*

Howells, A.D., Sauer, K.L., & Shanklin, C.W. (April 2014). Validating Job Satisfaction Factors among Clinical Nutrition Managers. *Poster Presentation at the Annual Kansas Dietetic Association Conference.*

Howells, A.D. (April, 2014). It's a Jungle: Finding the Right Internship Program. *Annual Kansas Dietetic Association Conference, panelist.*

Sauer, K., & **Howells, A. D.** (April 2013). Are Management Dietitians Satisfied with their Jobs and Careers? *Co-Presentation at the Missouri, Iowa, Nebraska, and Kansas (MINK) Dietetic Association Conference.*

Published Research Abstracts (peer-reviewed):

Howells, A., & Sauer, K. (2015). Technology-based focus groups prove cost effective and reliable. *Journal of the Academy of Nutrition and Dietetics, 115, A-61.* Poster Presented at the Annual Academy of Nutrition and Dietetics FNCE Conference.

Howells, A.D., Roberts, K.R, Shanklin, C.W., Pilling, V.K., Brannon, L.A., Barrett, E.B. (2007). Restaurant Employees' Perceptions of Barriers to Three Food Safety Practices. *Journal of the American Dietetic Association, 107, A-73.* Poster Presentation at the Annual American Dietetic Association FNCE Conference.

Howells, A.D., & Shanklin, C.W. (October, 2007). Factors Influencing Assisted Living Residents' Satisfaction with their Dining Experience. *Journal of the American Dietetic Association, 107, A-73.* Poster Presentation at the Annual American Dietetic Association FNCE Conference.

Service:

Chair, Dietetics Program Advisory Committee (Fall 2013 to Present)

Chair, Human Nutrition Search Committee (2015-2016)

Member, K-State Dining Search Committee (2014-2015)

Member, Center on Aging Search Committee (2014-2015)

Member, Hospitality Management and Dietetics Administrative Specialist Search Committee (2014-2015)

Member, Hospitality Management and Dietetics Faculty Search Committee (2013-2014)

Committee Member, Human Ecology Faculty Affairs Committee (Fall 2013 to Fall 2015)

Board Member, Amanda Arnold After School Program (2012 to Present)

Clinical Practitioner, Selection Committee for Coordinated Program in Dietetics, Kansas State University (2005 to 2012)

Awards:

Human Ecology Doctoral Dissertation Award (2014)

The Academy of Nutrition and Dietetics Foundation: Mary Swartz Rose Graduate Fellowship (2014)

Kansas Nutrition Council Scholarship (2014)

Helen C Schutte Memorial Scholarship (2014)

Dr. Marian Spears Research Fellowship (2013)

The Academy of Nutrition and Dietetics Foundation: Nutrition and Dietetics Educators and Preceptors Scholarship (2013)

Mary Ruth Bedford Distinguished Faculty Award (2013)

Linda K. Crandall Nutrition Scholarship (2012)

Joan J. Coleman Fellowship (2012)

Memberships:

Member, Clinical Nutrition Management Practice Group (2013 to Present)

Member, Phi Kappa Phi (2013 to Present)

Member, Nutrition and Dietetic Educators and Preceptors Practice Group (2012 to Present)

Member, Kappa Omicron Nu Honor Society (2006 to Present)

Member, The Academy of Nutrition and Dietetics (2005 to Present)

Member, Kansas Academy of Nutrition and Dietetics (2005 to Present)

Registrations/Licensures/Certifications:

Registered Dietitian, 915138

Licensed Dietitian in the state of Kansas, 1429

ServSafe Certified, 7273110