

2010

Introduction to the Marriage and Family Therapy Program



Doctoral Degree Program

School of Family Studies
and Human Services
Kansas State University

INTRODUCTION

This document serves as an introduction to the doctoral degree program in marriage and family therapy at Kansas State University. The program is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), and is one of three doctoral programs in the School of Family Studies and Human Services (FSHS).

DOCTORAL PROGRAM MISSION AND EDUCATIONAL OUTCOMES

The mission of Kansas State University's PhD program is to prepare students to be excellent clinicians, supervisors, educators and researchers working in a variety of academic and/or clinical mental health agencies.

Students graduating from KSU's Doctoral Program in marriage and family therapy will be able to demonstrate competence in:

A. Marital and Family Therapy. Graduates will demonstrate competence in providing marital and family therapy to individuals, couples, and families.

B. Clinical Supervision. Graduates will demonstrate competence in providing clinical supervision to MFT trainees.

C. Teaching. Graduates will demonstrate competence in synthesizing and communicating relevant knowledge to students, professionals and nonprofessionals.

D. Research. Graduates will be able to design, conduct and interpret related MFT research.

PROGRAM THEORETICAL FOUNDATION

During their time in the program, students receive training in both classic and cutting-edge family therapy theories, disorder-specific approaches, and empirically supported treatments. The underlying foundation for the treatment approaches taught is a systemic and relational orientation to problems in living. In addition, students are expected to view the process of therapy from a biopsychosocial lens.

MFT PROGRAM CLIMATE

The MFT faculty desire that they and the students work together to create a program climate that:

- ❖ values and affirms diversity
- ❖ is non-discriminatory
- ❖ is positive and empowering
- ❖ is safe
- ❖ is supportive
- ❖ is respectful

STUDENT ASSOCIATION ORGANIZATION

The Marriage and Family Therapy Student/Associate Organization is a student-run campus organization with a mission to assist students as they progress through their graduate studies. This is accomplished by: (1) coordinating social events to help students grow closer together and maintain some balance in their lives; and (2) providing a voice to faculty by raising issues and providing feedback relevant to improving the experience of graduate students.

MFT PROGRAM FACULTY

Dr. Sandra M. Stith, Professor & Program Director
(785) 532 – 4377; sstith@ksu.edu

Sandi joined the KSU faculty after serving as director of the master's program in MFT at Virginia Tech. She is a Kansas Licensed Clinical Marriage and Family Therapist and an AAMFT clinical member and approved supervisor. In 2004 Dr. Stith received the American Association for Marriage and Family Therapy's Outstanding Contribution to Marriage and Family Therapy Award and in 2007 she received the American Family Therapy Association's Distinguished Contribution to Family Systems Research Award and Kansas State University's Distinguished Alumni Award. Her primary research interest is in Intimate Partner Violence and she manages a research program funded by the USAF Family Advocacy Program.

Nancy O’Conner, MS., Clinical Director
(785) 532-2220; noconner@ksu.edu

Nancy is responsible for case management issues, student therapist orientation and training, quality assurance review, clinical budget, outreach and coordination of contracts for therapy services with the Family Center. She maintains a contract with the State of Kansas providing Home-Based Family therapy training for the Kansas Community mental health centers and private contractors. Nancy is an AAMFT Clinical Member and a Kansas Licensed Clinical Marriage and Family Therapist.



Dr. Anthony P. Jurich, Professor & Admissions Coordinator (785) 532 – 1488; jurich@ksu.edu

Tony is a Clinical Member and Past President of AAMFT, an AAMFT Fellow, an Approved Supervisor and a Kansas Licensed Clinical Marriage and Family Therapist. He received the NCFR Osborne Award in 1987, the National Member Award from Kappa Omicron Nu in 1990 and the Kansas Association for Marriage and Family Therapy Service to the Profession Award in 1997. His specialty areas are adolescence, sex therapy, family crisis and suicide.

Dr. Joyce A. Baptist, Assistant Professor
(785) 532-6891; jbaptist@ksu.edu

Joyce is a Clinical Member of AAMFT, an Approved Supervisor, and a Kansas Licensed Clinical Marriage and Family Therapist. She is a consultant to counseling agencies in Malaysia and Singapore. Her research interests include cross-cultural couple relationships, orphans and families in Africa, immigrant families, and trauma.

Dr. Jared R. Anderson, Assistant Professor

(785) 532-4198; jra@ksu.edu

Jared completed his doctorate from University of Minnesota in Family Social Science with an emphasis in Marriage and Family Therapy. His research interests include relationship formation and developmental change in marriage, the development and evaluation of relationship strengthening programs, families and health, and the development of democratic community initiatives. He is an AAMFT clinical member and licensed Marriage and Family Therapist.

Dr. Candyce Russell, Professor

(785) 532-1489; crussell@ksu.edu

Candy is a Clinical Member of AAMFT, an AAMFT Past Secretary and an AAMFT Fellow. She is also an Approved Supervisor and a Kansas Licensed Clinical Marriage and Family Therapist. She earned her doctorate at the University of Minnesota. Dr. Russell served as the Vera Mowery McAninch Chair at K-State from 1990 until 2006 when she started five years of phased retirement. Her specialty areas are MFT supervision and training, the process of couples therapy and chronic illness to meaning-making.

GRADUATION REQUIREMENTS

At least 90 credit hours are required for graduation. No more than 30 hours may be transferred in to the program from a master’s degree. In addition, each student will complete either a written preliminary examinations or doctoral portfolio, and if necessary successfully defend it. Each student will also work with their major professor to write a dissertation and complete an oral defense of the dissertation.

Other requirements for graduation are listed below:

INTERNSHIP

Students must complete a nine-month relationally focused clinical and/or research internship. Program faculty assist doctoral students in finding an internship site.

RESEARCH TEAMS

The Research team experience provides an opportunity to work directly with faculty researchers and student colleagues. These direct

experiences in collaborative relationships compliment knowledge and understanding acquired in coursework. The research team experience can enhance expertise, foster career goals and advance skills needed for the dissertation. In addition, students may have an opportunity to co-author publications or conference presentations.

SUPERVISION AND CLINICAL REQUIREMENTS

All doctoral students are required to be involved in clinical work during their first two years in the program. Students provide therapy at the Family Center, the on-campus MFT clinic. The facility includes 5 therapy rooms and a large group room. All rooms have one-way mirrors and state-of-the-art audiovisual equipment. In addition, there are opportunities for practicum placements at a variety of social service agencies in the area, including a regional medical center and other facilities serving medically underserved populations.

During their second year students are required to supervise master's students under the supervision of the MFT Faculty who are AAMFT Approved Supervisors.

Students must accrue 1,000 clinical contact hours in order to graduate from the program (including equivalent hours obtained during the student's master's degree program).

DOCTORAL PORTFOLIO

Doctoral students have the option of completing a preliminary exam or of developing a portfolio documenting their proficiency in research, presentations, teaching and/or outreach, and leadership. Students choosing the portfolio are required to include in their portfolio evidence of success in four areas: 1) publications - one article which they authored or co-authored which was published in a peer-reviewed journal and one article submitted with positive review; 2) Presentations - 2-3 peer-reviewed presentations at professional conferences; 3) Teaching and/or outreach - two academic courses, or 6-10 presentations for a local social service agency, or evidence of ongoing work with a specialized population; 4) Leadership - maintain professional membership, pass national LMFT exam, and two additional activities, for example, review at least one manuscript for a professional journal, serve as a proposal reviewer

for a state or national conference, membership on organizational boards, volunteer work at professional conferences, etc.

Once the portfolio has been completed, the student must complete a defense of the portfolio with the student's committee. The full committee will then determine if the student has successfully completed the KSU doctoral portfolio requirements.

Students choosing to complete a written preliminary examination, additionally, will need to complete both teaching practicum and professional development.

TEACHING PRACTICUM

Students complete the teaching practicum by serving as a GTA, teaching an intersession course or enrolling in and completing Principles of College Teaching. However, these are only guidelines and a contract will be developed with the academic advisor tailored to the student's preferences and career goals.

PROFESSIONAL DEVELOPMENT

Students can present a poster / paper at a state, national or international conference, develop and present a workshop or get involved in KAMFT politics. However, these are only guidelines and a contract will be developed with the academic advisor tailored to the student's preferences and career goals.

A SAMPLE PROGRAM OF STUDY

Below is a sample plan for completing the doctoral degree in marriage and family therapy. This is not the only way to complete the program. Variations in course scheduling, future plans, and previous coursework should be considered when using this plan. The core doctoral courses are offered every other year, so the order of the program of study depends on when the program is started, an odd or even year.

There are a number of courses within FSHS or other departments on campus that will enhance the Program of Study. Because some of these courses are also taught only one semester in each given academic year or in alternate years, be certain to discuss choices of these courses with the advisor.

Fall 2010 PhD Cohort Sample Program of Study

NOTE: This sample program assumes the student is employed 10-20 hours a week.

FIRST FALL (12 CREDITS)			
FSHS 983	MFT Research (3)	FSHS 806	Statistical Methods in FSHS I (3)
FSHS 985	Practicum (3)	FSHS 902	Qualitative Research Methods in FSHS (3)
FIRST SPRING (9 CREDITS)			
FSHS 985	Practicum (3)	FSHS 987	Advanced Clinical Theory (3)
FSHS 906	Statistical Methods in FSHS II (3)		
FIRST SUMMER (9 CREDITS)			
FSHS 970	Clinical Specialization in MFT (3)	FSHS 985	Practicum (3)
SECOND FALL (9 CREDITS)			
FSHS 984	Supervision of MFT (3)	FSHS 986	Practicum in Supervision of MFT (3)
SECOND SPRING (6 CREDITS)			
FSHS 986	Practicum in Supervision of MFT (3)	FSHS 950	Advanced Family Theory (3)
SECOND SUMMER (13 CREDITS)			
COMPLETE AND PASS PRELIMINARY EXAMINATION OR DOCTORAL PORTFOLIO			
THIRD FALL (11 CREDITS)			
BEGIN INTERNSHIP		FSHS 990	Dissertation Proposal Seminar (1)
THIRD SPRING (10 CREDIT HOURS)			
COMPLETE INTERNSHIP			

All doctoral students must complete the following before graduation:

- FSHS 892 Practicum in MFT Research (3)
- FSHS 999 PhD Research in FSHS (30)
- 1,000 client contact hours, including hours earned in accredited master's degree
- At least 90 credit hours are required for graduation. No more than 30 credit hours from a master's degree may be applied to fulfill this.
- Pass a written Preliminary Examination or successfully complete a Portfolio
- Professional Development Project (to be discussed and finalized with your major professor if not completing portfolio)
- Teaching Practicum Project (to be discussed and finalized with your major professor if not completing portfolio)
- At least 6 credit hours of 2 Research electives or 1 research elective and 1 clinical elective.
- A nine month clinical internship
- A dissertation proposal seminar, write a dissertation and complete an oral defense of the dissertation.

MFT Research Teams Opportunities

Fall 2010 and Spring 2011

Faculty	Topic	Participant duties	Presentations and publications
Stith/Amanor-Boadu	<i>Impact of culture on therapy (Series of interviews with five couples of color and their therapists on the impact of culture on therapy)</i>	<ul style="list-style-type: none"> • Reviewing literature • Analyzing data • Writing journal article 	<ul style="list-style-type: none"> • AAMFT presentation • Journal article
Stith	<i>Client/therapist perspectives on systemic treatment of domestic violence (series of interviews with clients and therapists in conjoint DV treatment program)</i>	<ul style="list-style-type: none"> • Reviewing literature • Analyzing data • Writing journal article 	<ul style="list-style-type: none"> • AAMFT presentation • Journal article
Stith	<i>How highly successful MFT researchers developed area of specialization</i>	<ul style="list-style-type: none"> • Reviewing literature • Coding data • Analyzing data • Writing journal article 	<ul style="list-style-type: none"> • AAMFT presentation • Journal article
Stith	<i>Understanding college students decision-making regarding condom use</i>	<ul style="list-style-type: none"> • Reviewing literature • Collecting data (survey and interview) • Analyzing data • Writing journal article 	<ul style="list-style-type: none"> • NCFR presentation • Journal Article
Jurich	<i>Patterns of quality of life over the course of therapy</i>	<ul style="list-style-type: none"> • Writing literature review • Write a discussion of the results 	<ul style="list-style-type: none"> • Journal article
	<i>Correlates of committing suicide as described by accidental survivors of suicide</i>	<ul style="list-style-type: none"> • Writing literature review • Writing discussion for a paper 	<ul style="list-style-type: none"> • Journal article
Anderson, Amanor-Boadu, Stith	Resiliency in Air Force Couples Following Deployment	<ul style="list-style-type: none"> • Transcribing qualitative interviews • Coding & Analyzing data • Reviewing literature • Writing journal article 	<ul style="list-style-type: none"> • Presentation • Journal article
Anderson	<i>Development of Young Adult Romantic Relationships in China</i>	<ul style="list-style-type: none"> • Data Entry • Reviewing literature • Writing journal article 	<ul style="list-style-type: none"> • Presentation • Journal article
Anderson	<i>Dating Violence in Young Adult Romantic Relationships in China</i>	<ul style="list-style-type: none"> • Data Entry • Reviewing literature • Writing journal article 	<ul style="list-style-type: none"> • Presentation • Journal article

Baptist	<i>Cross cultural study of relationship maintenance behaviors and conflict in relationships</i>	<ul style="list-style-type: none"> • Review literature • Contribute to questions • Collect data • Clean and analyze data • Write lit review and discussion sections of a paper. 	<ul style="list-style-type: none"> • Journal article • Presentation
Baptist	<i>Intergenerational transmission of attachment and relational behaviors from parent to adult child</i>	<ul style="list-style-type: none"> • Review literature • Analyze data • Write journal article 	<ul style="list-style-type: none"> • Journal article • Presentation
Macchi & O'Conner	<i>Therapist supervision and self-care supporting home-based family therapy (HBFT)</i>	<ul style="list-style-type: none"> • Reviewing literature • Analyzing data • Writing journal article 	<ul style="list-style-type: none"> • Journal article
Archuleta	<i>Are solution focused therapy techniques effective in a financial counseling setting?</i>	<ul style="list-style-type: none"> • Reviewing literature • Recruiting subjects • Completion of treatment manual 	<ul style="list-style-type: none"> • Conference presentation • Journal article