

## Curriculum Vitae

**Paula K. Peters, PhD**

### General Information:

Work Address: Extension Family and Consumer Sciences  
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Kansas State University  
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### Education:

1991	<b>PhD</b> The Ohio State University (Human Nutrition) Dissertation: Calcium Intake and Bone Mass in Women with Preeclampsia
1985	<b>MS</b> South Dakota State University (Nutrition and Food Science) Thesis: The Effects of the Diet Suggested in the US Dietary Goals on Serum Cholesterol Levels
1977	<b>BS</b> South Dakota State University (Home Economics Education)

### Professional Development in Leadership:

Coaching Workshop  
North Central Region Extension Leadership Development (NELD)  
Coffman Leadership Institute  
KS State Agency Leadership Institute (through Kansas Health Institute)  
KSU Leadership Seminar  
Facilitating Public Issues  
Public Issues Leadership Development  
Leading Creatively Workshops

### **Current Major Extension Administrative Projects:**

Program Development for Extension, Leader  
 KS Change Agent State for Diversity, Coordinator  
 Agent Program Focus Team Development, Leader  
 Communicating Impact and Reporting Task Force, Chair  
 KS Food Stamp Nutrition Education Program, Director  
 National Extension Committee on Policy, Leadership Advisory Council Member  
 Kansas eXtension Institutional Team, Leader

### **Extension Experience**

2000 - present	<b>Associate Professor, Human Nutrition</b> <b>Assistant Director, Family and Consumer Sciences, K-</b> <b>State Research and Extension</b> <b>Program Director, Kansas FSNEP</b>
1997 - 2000	<b>Associate Professor and Extension Specialist,</b> <b>Developmental Nutrition</b> <b>Program Director, EFNEP, FNP, KNN</b>
1990 - 1997	<b>Assistant Professor and Extension Specialist,</b> <b>Developmental Nutrition</b> Maternal, Infant and Child Nutrition Department of Foods and Nutrition Kansas State University Manhattan, Kansas
1988	<b>Program Assistant</b> 4-H Ohio Cooperative Extension Service The Ohio State University Columbus, Ohio
1987	<b>Program Assistant</b> Department of Human Nutrition and Food Management The Ohio State University Columbus, Ohio

## Research Experience

- 1997 - present      **Associate Professor**  
Human Nutrition  
Kansas State University  
Manhattan, Kansas  
Research: Eating behaviors of children and young adults
- 1990 - 1997      **Assistant Professor and Extension Specialist, Nutrition**  
Department of Foods and Nutrition  
Kansas State University  
Manhattan, Kansas  
Research: Eating behaviors of children and young adults
- 1985 - 1990      **Doctoral Research**  
Department of Human Nutrition and Food Management  
The Ohio State University  
Columbus, Ohio  
Research: Calcium intake and bone mass in women with preeclampsia
- 1983 - 1985      **Master's Research**  
Department of Nutrition and Food Science  
South Dakota State University  
Brookings, South Dakota  
Research: The effects of the US Dietary Goals on serum cholesterol levels
- 1983 - 1985      **Graduate Research Assistant**  
Department of Nutrition and Food Science  
South Dakota State University  
Brookings, South Dakota  
Research: Serum cholesterol analysis; vitamin, mineral, enzyme, and protein analysis of foods

## Teaching Experience

- 1989 - 1990      **Graduate Teaching Associate**  
 Department of Human Nutrition and Food Management  
 The Ohio State University  
 Columbus, Ohio  
 Courses: Advanced Nutrition, Community Nutrition
- 1986 - 1987      **Graduate Teaching Associate**  
 Department of Human Nutrition and Food Management  
 The Ohio State University  
 Columbus, Ohio  
 Courses: Meal Management, Advanced Foods, Introductory Nutrition
- 1984 - 1985      **Graduate Research Assistant**  
 Department of Nutrition and Food Science  
 South Dakota State University  
 Brookings, South Dakota  
 Course: Computer Assisted Food Service Management

## Research Publications

- Kidd, T, **Peters, P**, Holcomb, CA. Exploring Factors that Influence the Food Behaviors of Junior Enlisted Army Family Members. *Journal of Hunger and Environmental Nutrition* (2008, in press, contribution number 08-25-J)
- Peters, P**, Amos, R, Hoerr, S, Koszewski, W, Huang, Y, Betts, N. Questionable dieting behaviors are used by young adults, regardless of sex or student status. *J of Am Diet Assoc*, 96:709-711, 1996.
- Betts, N., Amos, R., Keim, K., **Peters, P.**, Stewart, B. The ways young adults view foods differ based on whether or not they are college students. *J Nutr Ed*:73-79, 1997.
- Georgiou, C, Betts, N, Hoerr, S, Keim, K, **Peters, P**, Stewart, B, Voichick, J. Among young adults, college students and graduates practiced more healthful habits and food choices than did non-students. *J Am Diet Assoc* 97:754-759, 1997.
- Peters, P**, Amos, R, Hoerr, S, Koszewski, W, Huang, Y. How do young adults who diet differ from those who don't? A four state study. (Abstract) *Soc Nutr Ed*, 20:53, 1995.

**Peters, P**, Amos, R, Hoerr, S, Koszewski, W, Huang, Y. Prevalence of inappropriate dieting behaviors of 18-24 year old men and women. (Abstract) Soc Nutr Ed, 19:44, 1994.

**Peters, P**, Matkovic, V, Johnson, W. Calcium intake and bone mass in women with preeclampsia. Abstracts: FASEB Proceedings 1991.

**Peters, P**, Crews, M, Johnson, W. The effects of the diet suggested in the US Dietary Goals on Serum Cholesterol Levels. Abstracts: FASEB Proceedings 1990.

### **Supervision of Graduate Student Research**

Buchholz, J. MPH Student, current. Committee Member

Rickets, M. Doctoral Student, 2007. Committee Member

Martin, L. MPH Student, 2007. Committee Member

Eubank, R. Corporate Meltdown. Master's Student, 2006. Committee Member

Procter, S. Breastfeeding by Low Income Women. Doctoral Student, 2006. Co-major Advisor

Kidd, T. Influences of Dietary Intake of Low Income Military at Fort Riley, Kansas. Doctoral Student, 2005. Major Advisor

Fink, C. A Comparison of Youth and Parent Eating Habits and Youth Decision Making, Doctoral Student, 2004. Committee Member

Bryant, T. Development of an Interactive Food Safety CD-Rom Educational Program for 4<sup>th</sup> to 6<sup>th</sup> Graders. Master's Student, 2004. Committee Member

Rundus, T. Factors Affecting Food Choices of Men in Production Agriculture. Master's Student, 2001. Committee Member

Highfill, B. Reaching Low Income Young Adults with Nutrition Surveys. Master's Student, 2001. Major Advisor

Kidd, T. Stage of Change and Dietary Intake of Fruit by Low Income Young Adults. Master's Student, 2002. Co-major Advisor

Hillmer, U. The Eating Experience of Food. Master's Student, 2000. Committee Member

From, K. Anthropometric Measures, Dietary Habits, Physical Activity of Kansas Youth: Impact on Cardiovascular Risk Factors. Master's Thesis. Kansas State University. 1995. Major Advisor

### **Selected Extension Publications**

Procter, S, **Peters, P.** Basic Living Skills, Basic Food and Nutrition, 2001  
**Peters, P,** Nitzke, S. Kids' Meal Times (Spanish version), 2000  
 Hudson, K, **Peters, P,** Procter, S. Feeding Our Youngest, 1999  
**Peters, P.** Dietary Guidelines for Children, Ages 2 to 5, 1997  
**Peters, P.** Breastfed Infants and You, 1997  
**Peters, P,** Krejci, B, Nitzke, S. Kids' Meal Times, 1996  
 Farmer, L, **Peters, P,** Fisher, S. Youth Foods and Nutrition Curriculum, 1995  
 Walsten, K, Pearson, M, **Peters, P.** WIC Kitchen, 1995  
**Peters, P,** Clarke, M, Freyenberger, J. Food Safety Education for Family Child Care Providers, 1994. (Final Report and Summary)  
**Peters, P,** Freyenberger, J. Training for Child Care Providers and Others, 1994. (Final Report and Summary)  
**Peters, P,** Clarke, M. Safe Food for Children, 1992  
**Peters, P,** Dray, J. Tots at the Table Teaching Kit, 1992  
**Peters, P.** Capable Kids Can, Foods and Nutrition Section, 1991

### **Grants and Contracts**

**Peters, P.** "Kansas Food Stamp Nutrition Education Plan", USDA-FNS, \$2,300,000, 2007-2008  
**Peters, P.** "Kansas Food Stamp Nutrition Education Plan", USDA-FNS, \$2,440,000, 2006-2007  
**Peters, P.** "Kansas Food Stamp Nutrition Education Plan", USDA-FNS, \$2,350,000, 2005-2006  
**Peters, P.** "Kansas Food Stamp Nutrition Education Plan", USDA-FNS, \$2,800,000, 2004-2005  
**Peters, P.** "Kansas Food Stamp Nutrition Education Plan", USDA-FNS, \$3,000,000, 2003-2004  
**Peters, P.** "Kansas Food Stamp Nutrition Education Plan", USDA-FNS, \$3,220,000, 2002-2003  
**Peters, P.** "Kansas Food Stamp Nutrition Education Plan", USDA-FNS, \$2,880,000, 2001-2002  
**Peters, P.** "Kansas Food Stamp Nutrition Education Plan", USDA-FNS, \$2,300,000, 2000-2001

- Peters, P.** “Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$1,800,000, 1999-2000
- Peters, P.** “Kansas Family Nutrition Education Program”, USDA--FNS, \$1,340,000, 1998-1999.
- Peters, P.** “Kansas Nutrition Network”, USDA–FNS, \$150,000, 1998-1999.
- Peters, P.** “Kansas Family Nutrition Education Program”, USDA--FNS, \$950,000, 1997-1998.
- Peters, P.** Kids' Meal Times Newsletters, Dietary Guidelines for American Children, Breastfed Infants and You, USDA and KS-SRS (Family Nutrition Program), \$7500, 1996.
- Pearson, M, **Peters, P.** WIC Kitchen, USDA-ES, \$95,000, 1993-1996.
- Peters, P.** Safe Food for Children Satellite Training, USDA-ES, \$31,000, 1992.
- Fisher, S, **Peters, P.** Youth Food and Nutrition Curriculum, Kansas Health Foundation, \$75,000, 1992.
- Peters, P,** Clarke, M. Food Safety for Family Child Care Providers, USDA-ES, \$29,000, 1991.
- Peters, P.** Calcium intake and bone mass in women with preeclampsia, Graduate Student Alumni Research Award, The Ohio State University, \$1500, 1988.
- Peters, P.** Calcium intake and bone mass in women with preeclampsia, T Kline Hamilton Endowment Award, The Ohio State University, \$1500, 1988.

### **Selected Presentations:**

- Remig, T, Parsons, K, **Peters, P.** Tenderhearts: A caregiving support project for home and community. American Dietetic Association. 2004.
- Kidd, T, Shanklin, C, **Peters, P.** Factors influencing fruit consumption among young adults between the ages of 18 and 24 in Kansas. Kansas Dietetic Association. 2001.
- Highfill, B, **Peters, P,** Shanklin, C, Canter, D. Effectiveness of survey methodology for low-income young adults. *Society for Nutrition Education*. 2001; Annual Conference Proceedings, Vol. 34, No. 1.
- Bryant, T, Barrett, B, **Peters, P.** Presenting food safety education via multi-media CD-rom. *Society for Nutrition Education*. 2001; Annual Conference Proceedings, Vol. 34, No. 1.
- Peters, P.** Health at Any Size. *K-State Research and Extension, EFNEP Training*, 2001.
- Peters, P.** Documenting program progress using the Logic Model. *K-State Research and Extension Annual Conference*, 2000.
- Peters, P,** Walsten, K, Pearson, M. WIC and Extension collaboration makes a difference. *Society for Nutrition Education*. 1997; 22:64. (Abstract)
- Peters, P,** Pearson, M. Materials for limited resource families. 1997; 22:42. (Abstract)
- Pearson, M, **Peters, P.** Kansas Healthy Baby Program. 1997; 22:36. (Abstract)

- Peters, P**, Amos, R, Hoerr, S, Huang, Y, Koszewski, W. How do young adults who diet differ from those who don't? A four state study. *Society for Nutrition Education*. 1995; 20:53. (Abstract)
- Betts, N, Amos, R, Georgiou, C, Hoerr, S, Ivaturi, R, Keim, K, Koszewski, W, **Peters, P**, Stewart, B, Tinsley, A, Voichick, J. Factors influencing food intake by young adults in 10 states, *Society for Nutrition Education*. 1995; 20:52. (Abstract)
- Peters, P**, Amos, R, Hoerr, S, Huang, Y. Prevalence of inappropriate dieting behaviors among 18-24 year old men and women. *Society for Nutrition Education*. 1994; 19:44. (Abstract)
- Peters, P**, Matkovic, V, Johnson, W. Bone mass and dietary intakes in women with preeclampsia. *FASEB Proceedings*. 1991 (Abstract)
- Peters, P**, Crews, M, Johnson, W. The effects of the diet suggested in the US Dietary Goals on serum cholesterol levels. *FASEB Proceedings*. 1990 (Abstract)

### **Honors and Awards**

- College of Human Ecology, Excellence in Extension Award, 2008.
- Clover Award, Kansas 4-H Agents Association, 1995.
- Horizon Award, Epsilon Sigma Phi, National Honorary Extension Fraternity, Alpha Rho Chapter, 1994.
- Anna Broden Fellowship, College of Human Ecology, The Ohio State University, 1988-1989.
- Anna Broden Fellowship, College of Human Ecology, The Ohio State University, 1987-1988.
- Graduate School Fellowship, The Ohio State University, 1985-1986.

### **Professional Memberships and Activities**

- Weight Realities Division of Society for Nutrition Education, Chair, 2003-2004; Chair-elect, 2002-2003; Secretary, 1999-2000
- Council of Affiliates of Society for Nutrition Education, Chair, 1998-1999
- National Food and Nutrition Extension Educators, Communicator, 1995-1997
- American Association of Family and Consumer Sciences
- Kansas Association of Family and Consumer Sciences
- Kansas Nutrition Council, Chair, 1994-1995
- Society for Nutrition Education, since 1991, nominated for president 2006
- Phi Kappa Phi Honor Society
- Omicron Nu Honor Society
- Phi Upsilon Omicron Honor Society
- Alpha Lambda Delta Honor Society

## **National, University, Department, and Public Service Involvement**

K-State Research and Extension, ANR Interim Assistant Director Search, 2004  
K-State Research and Extension, Associate Director Search, 2004  
BoHS/ECOP EFNEP Task Force, 2001- current.  
Human Nutrition, Department Head Search Committee, 1999  
College of Human Ecology, Dean Search Committee, 1997  
Food and Nutrition, Department Head Search Committee, 1997  
USDA-ES, Team Nutrition Community Action Workgroup, 1995-1997  
USDA-ES, Farm Bill Working Group, 1994-1995  
University Committee on Research Involving Human Subjects, 1996-2000  
College of Human Ecology, Student Affairs Committee, 1991-1993  
Food and Nutrition, Faculty Search Committee, 1994  
Food and Nutrition, Graduate Studies Committee, 1991  
Food and Nutrition, Undergraduate Course Curriculum Committee, 1991  
Cooperative Extension Service, Inservice Planning Committee, Chair, 1995-1996  
Cooperative Extension Service, Assistant Director and Associate Dean Search  
Committee, 1994  
Kansas LEAN Coalition, 1990 to 2000  
    Preschool Task Force, Chair, 1990 - 1998  
    Youth Organizations Task Force, 1990 - 1998  
    Food Professionals Task Force, 1990 to 1994