

Michael H. Bradshaw, Ph.D.

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Family Studies and Human Services
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Education:

Ph.D., Kansas State University, Administration and Foundations, 1978
M.S., Brigham Young University, Health Education, 1971
B.S., Brigham Young University, Zoology, 1968

Employment:

Extension Specialist, Health and Safety, Kansas State University, 1978-present
Director, Health Education, Lafene Student Health, Kansas State University, 1971-1978
Science Instructor, School District #4, Lyman, Wyoming, 1968-1970

Publications:

Recent Extension Publications

- Bradshaw, M.H. (2005). "The Power of Knowledge: Preventing Death and Disability From Heart Attack and Stroke." Fact Sheet, K-State Research and Extension, Kansas State University, Manhattan, KS, MF2690
- Estabrooks, P.A., Fox, E.W., Toner, S, and Bradshaw, M.H. (2005). Activity for the Ages!, K-State Extension Service, MF-2670 Program Manual
- Bradshaw, M.H., Powell, G.M. (2004). Understanding Your Water Test Report, Kansas State University Extension Service, (Revision) MF-912

Recent Refereed Journal Articles

- Estabrooks, P.A., Fox, E.H., Doerksen, S.E., Bradshaw, M.H., & King, A.C. (2005). The Feasibility and Effectiveness of a Physical Activity Promotion Intervention Delivered in Conjunction with Congregate Meals for Frail Older Adults. The Journal of Aging and Physical Activity, 13, 121-144
- Estabrooks, P.A., Bradshaw, M., Fox, E.H., Berg, J., & Dzewaltowski, D.A. (2004). The Relationship Between Delivery Agents' Physical Activity Level and the Likelihood of Implementing a Physical Activity Program. American Journal of Health Promotion, 18, pages 350-353
- Fees, B.S., Bradshaw, M.B., (2003). PATH Across the Generations: Older Adults' Perceptions on the Value of Intergenerational Contact. The Journal of Long Term Home Health Care, 21,(4), 209-214

Recent Grants and Contracts:

- Bradshaw, M.H., (2007) United States Department of Agriculture Cooperative State Research, Education, and Extension Service, Healthy Home-Kansas, \$9,000
- Bradshaw, M.H., Johannes, E., (2007) Extension Community Health Institute, Small Steps: Community Health, \$100,000
- Johannes, E., Bradshaw, M.H. (2006) Center for Engagement and Community Development, Partnerships for Healthier Kansas, \$12,000
- Johannes, E., Bradshaw, M.H. (2005-2006) Sunflower Foundation, Blue Cross Blue Shield, Powerful YOUth on 4-H Trails, \$70,000
- Bradshaw, M.H., (2004-2005) Healthy Homes, United States Department of Agriculture, \$3,000
- Bradshaw, M.H. (2003-2007) PATH Intergenerational Project, Kansas Health Foundation, \$800,000

Bradshaw, M.H., Phillips, M. (2004) Epsilon Sigma Phi Endowment Grant, Spanish Translation of Basic Life Skill Curriculum, \$500

Estabrooks, P.A., Bradshaw, M.H., (2003-2005) American Heart Association, Developing a Self-Sustaining Physical Activity Program for Under-Served Older Adults, \$120,966

Recent Presentations:

Bradshaw, M.H., Hayes, A., and Kahl, J. (2006) Successful Intergenerational Programs. Kansas Association of the Education of Young Children. Manhattan, KS, October 21

Bradshaw, M.H., (2006) Physical Activity Promotion Across the Lifespan: Programs from Kansas State University Extension Service. National Conference on Health Promotion and Education. Washington, DC, May 23-26

Bradshaw, M.H., Fees, B.,(2006) Impact of Intergenerational Programming on Children's Attitudes on Aging and Older Adults' Well-being. Children Youth and Families at Risk, Atlanta, Georgia, May 16-19

Estabrooks, P.A., & Bradshaw, M. (2004 July) Using the RE-AIM Framework to Determine the Public Health Impact of a Community Physical Activity Program. Symposium presented at the Agency for Healthcare Research & Quality, TRIPS Conference. Washington, DC

Estabrooks, P.A., & Bradshaw, M. H. (October 2004) The diffusion of an effective physical activity program: The sustainability, Adoption, and Reach of Walk Kansas. Presentation at The Cooper Institute Conference Series "Increasing Physical Activity in Populations: Understanding Diffusion and Dissemination". Dallas, TX

Bradshaw, M H., Estabrooks, P.A., Berg, J. Walk Kansas: A Fitness Challenge. A workshop presentation at the 2003 Priester Conference, National Extension Health Conference, Phoenix, Arizona, April 22-24

Professional Memberships:

Kansas Public Health Association

American Association for Health Education

Service (2005-2006 activities)

- Tenure and Promotion Document, Revision Committee
- Priority Setting Committee, School of Family Studies and Human Services
- Kansas Department and Health Cardiovascular task force
- American Heart Association Stroke Task Force (Kansas Division)
- Extension Emergency Preparedness Committee
- Lead Advisor Committee, Department of Health and Environment
- Family Studies and Human Services search committee, adolescence specialists search
- Ombuds representative-Extension
- Extension Committee on Planning (ECOP)
- Mentor Elaine Johannes