

2004 – 2005 **Extension Associate**
Department of Human Nutrition
Kansas State University
Specialty Area: Obesity, Eating Disorders, and Sports
Nutrition in the Child to Adult Population

Teaching Experience:

2002 – 2003 **Graduate Teaching Assistant**
Department of Human Nutrition
Kansas State University
Course: Basic Nutrition

1999 – 2000 **Graduate Teaching Assistant**
Department of Hotel, Restaurant, Institutional Management and
Dietetics
Kansas State University
Course: Food Safety

Refereed Publications:

Kidd, T., Johannes, E., Simonson, L., and Medeiros, D. (in press). KNACK Online: An Evidence-based Website Developed to Address Adolescent Obesity. *Journal of Nutrition Education and Behavior*

Kidd, T., Peters, P., and Holcomb, C. (in press). Exploring Factors that Influence the Food Behaviors of Junior Enlisted Army Family. *Journal of Hunger and Environmental Nutrition*

Extension Publications:

Kidd, T. (2007, September). Alli: Friend or foe? *Nutrition News*.

Kidd, T. (2007, July/September). What's on TV? *Young Families*.

Kidd, T. and Snyder, C. (2007, July). Kansans Move into Health: Leader's Guide. *Family and Consumer Sciences Lesson Series, MF-2782*.

Kidd, T. and Snyder, C. (2007, July). Kansans Move into Health: Fact Sheet. *Family and Consumer Sciences Lesson Series, MF-2783*.

Kidd, T. (2007, April/June). It's Party Time, Bring on the Snacks. *Young Families Newsletter*.

Kidd, T. (2007, January/March). Food Mixes Make Great Holiday Gifts. *Young Families Newsletter*.

Kidd, T. (2006, November/December). Lycopene: Front Line Defense Against Prostate Cancer? *Nutrition Spotlight, 10, 2.*

Kidd, T. (2006, March/April). Schools vital fight against child overweight. *Nutrition Spotlight, 10, 1.*

Kidd, T. (2006). Make good nutrition and exercise part of your family routine. *Young Families Newsletter, 11, 1.*

Kidd, T. (2005, July/August). New Dietary Guidelines: An Overview. *Nutrition Spotlight, 9, 2.*

Kidd, T. (2005, March/April). Dairy Foods Studied in Weight Loss. *Nutrition Spotlight, 9, 1.*

Kidd, T. and Higgins, M.M. (2005). Staying Hydrated. *Walk Kansas Newsletter, 3.*

Kidd, T. and Higgins, M.M. (2005). Five Tips for Healthier Eating. *Walk Kansas Newsletter, 1.*

Kidd, T. (2005, 4th Quarter). Classify Foods To Help Make Healthy Choices. *Young Families Newsletter, 10.*

Kidd, T. (2005, 3rd Quarter). Include Healthy Foods and Exercise in Summer Family Plans. *Young Families Newsletter, 10.*

Kidd, T. (2005, 1st Quarter). Healthy Habits and Antioxidants Help Prevent Colds and Flu. *Young Families Newsletter, 10.*

Kidd, T. (2004, 4th Quarter). Children and Grandparents Can Share Fun, Favorite Foods. *Young Families Newsletter, 9.*

Kidd, T. (2004, 3rd Quarter). Protect Children from Dehydration. *Young Families Newsletter, 9.*

Kidd, T. (2004, September/October). Strength in Numbers – Calcium Likely Food Add-in. *Nutrition Spotlight, 8, 5.*

Kidd, T. (2004, June/July). Dietary Reference Intake (DRIs) for Carbohydrate. *Nutrition Spotlight, 8, 4. (Chart)*

Kidd, T., Turner, D., and Knous, B.L. (2002). Heart Healthy Omega 3's. (Brochure) Manhattan, KS

Interviews/Presentations:

Kidd, T. (2008). Emotional Eating. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2008.

Kidd, T. (2007). Kansans Move into Health. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. August 2007.

Kidd, T. (2007). Assessing the Impact of Walk Kansas on the Sustainability of Fruit and Vegetable Intake. Presentation given at the Society of Nutrition Education Annual Conference, Chicago, IL. July 2007.

Kidd, T. (2007). KNACK Online: Addressing Adolescent Obesity. Poster presentation given at the Society of Nutrition Education Annual Conference, Chicago, IL. July 2007.

Kidd, T. (2007). Experiences Associated with Submitting a GEM to JNEB for Publication. Workshop presentation given at the Society of Nutrition Education Annual Conference, Chicago, IL. July 2007.

Kidd, T. (2007). Adolescent Nutrition: The Power to Choose. Presentation given at the United Association Conference, Wichita, KS. March 2007.

Kidd, T. (2007). K.N.A.C.K. Online: The Nutrient and Physical Activity Connection. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2007.

Kidd, T. (2006). School Wellness Policy Update. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2006.

Kidd, T. (2005). MyPyramid: Steps to a Healthier You and Consumer Advice Based on the 2005 Dietary Guidelines for Americans. Presentation given at the Master Food Volunteer Training Workshop, Manhattan, KS. May 2005.

Kidd, T. (2005). I'm Thirsty: What Should I Drink? Presentation given at the Sylvan Grove High School Health Fair, Sylvan Grove, KS. April 2005.

Kidd, T. (2005). Sports Nutrition: Nutrition for the Active You. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. February 2005.

Kidd, T. (2004). The Benefits of Family Dinners in Controlling Children's Weight. Interviewed for the Kansas State Radio Network, Manhattan, KS. November 2004.

Kidd, T. and Procter, S. (2004). Shaping Children's Healthy Weight. Presentation given at the Family and Consumer Sciences Agent Update, Manhattan, KS. August 2004.

Kidd, T., Shanklin, C.W., and Peters, P. (2002). Factors Influencing Fruit Consumption Among Young Adults Between the Ages of 18 and 24 in Kansas. *Kansas Dietetic Association/Missouri Dietetic Association*, April 10 – 12, 2002. (Abstract/Poster)

Honors and Awards:

Howard Hughes Medical Institute Science Initiative Scholarship
Marjorie McCall Hemphill Award
LeVelle Wood Scholarship
Josephine E. Brooks Fellowship
American Dietetic Association Scholarship

Honor Societies:

Eta Sigma Delta Hospitality Honor Society
Kappa Omicron Nu Honor Society
Phi Upsilon Omicron Honor Society

Professional Organizations:

American Dietetic Association
Kansas Dietetic Association
National Organization of Blacks in Dietetics and Nutrition
American Nurses Organization