

Amber D. Howells, MS, RD, LD

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Manhattan, KS 66506-1404
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Education:

Kansas State University, Manhattan, KS

*Masters of Science in Foodservice, Hospitality Management and Dietetics Administration,
May 2007*

Department of Hotel, Restaurant, Institution Management and Dietetics (now the
Department of Hospitality Management and Dietetics)

Thesis Title: *The Impact of Perceived Quality on Resident Satisfaction of the Dining
Experience among Assisted-Living Residents*

Bachelor of Science in Dietetics, December 2001

Department of Hotel, Restaurant, Institution Management and Dietetics (now the
Department of Hospitality Management and Dietetics)

New York Institute of Technology, Old Westbury, NY

Dietetic Intern and graduate student

January 2002 to August 2002

Professional Experience:

Academic Experience:

Kansas State University, August 2007 to Present

Department of Hospitality Management and Dietetics

Adjunct Instructor for Distance Education Program in Dietetics

HMD 220 - Environmental Issues I (Distance)

HMD 342 - Food Production Management II (Assisted with Distance Course)

HMD 499 - Practicum in Clinical Dietetics (Distance)

Kansas State University, May 2006 to August 2007

Department of Hotel, Restaurant, Institution Management and Dietetic

Research Assistant for USDA Food Safety Grant

Industry Experience:

College and University Foodservice

Kansas State University Housing and Dining Services, May 2005 to May 2006

Registered Dietitian/Foodservice Manager

Healthcare Nutrition Services

Meadowlark Hills Retirement Community, Manhattan, KS, September 2007 to Present

Clinical Dietitian

Morrison Senior Dining, New York, NY, August 2002 to March 2005

Clinical Dietitian

Proposals Funded:

Howells, A.D. & Shanklin, C.W. (2007). *The Impact of Perceived Quality on Resident Satisfaction of the Dining Experience Among Assisted Living Residents*. Kansas State University-Peine Excellence for Aging Initiative.

Publications:

Roberts, K.R., Barrett, B.B., **Howells, A.D.**, Shanklin, C.W., Pilling, V.K., and Brannon, L.A. (2008). Food safety training and foodservice employees' knowledge and behavior. *Food Protection Trends*. 28(4): 252-260.

Pilling, V.K., Brannon, L.A. , Shanklin, C.W., Roberts, K.R., Barrett, B.B., and **Howells, A.D.** (2008). Food safety training requirements and food handlers' knowledge and behaviors. *Food Protection Trends*. 28(3): 192-200.

Pilling, V.K., Brannon, L.A. , Shanklin, C.W., **Howells, A.D.**, and Roberts, K.R. (2008). Identifying specific beliefs to target to improve restaurant employees' intentions for performing three important food safety behaviors. *Journal of the American Dietetic Association*. 108(6): 991-997.

Howells, A.D., Roberts, K.R., Shanklin, C.W., Pilling, V.K., Brannon, L.A. , and Barrett, E.B. (2008). Restaurant employees' perceptions of barriers to three food safety practices. *Journal of the American Dietetic Association*. 108(8): 1345-1349.

Pilling, V.K., Brannon, L.A. , Roberts, K.R., Shanklin, C.W., and **Howells, A.D.** (2009). Using the theory of planned behavior to elicit restaurant employee beliefs about food safety: Using surveys versus focus groups. *Journal of Foodservice Business Research*. IN PRESS.

Pilling, V.K., Brannon, L.A. , Shanklin, C.W., Roberts, K.R., Barrett, B.B., and **Howells, A.D.** (2009). Training/intervention combination improves employees' food safety compliance rates. *International Journal of Contemporary Hospitality Management*. IN PRESS.

Brannon, L.A. , Pilling, V.K., Roberts, K.R., Shanklin, C.W., and **Howells, A.D.** (2009). Appreciation of food safety practices based on level of experience. *Journal of Foodservice Business Research*. IN PRESS.

York, V.K., Brannon, L.A., Shanklin, C.W., Roberts, K.R., **Howells, A.D.**, & Barrett, E.B. (in press). Foodservice employees benefit from interventions targeting barriers to food safety. *Journal of the American Dietetic Association*.

Presentations:

Poster Presentation at the Annual American Dietetic Association Food and Nutrition Conference and Exhibition, October 2007.

Howells, A.D., Roberts, K.R, Shanklin, C.W., Pilling, V.K., Brannon, L.A., Barrett, E.B.
Restaurant Employees Perceptions of Barriers to Three Food Safety Practices.

Poster Presentation at the Annual American Dietetic Association Food and Nutrition Conference and Exhibition, October 2007.

Howells, A.D. & Shanklin, C.W. Factors Influencing Assisted Living Residents' Satisfaction with their Dining Experience.

Memberships:

Member, American Dietetic Association

Member, Kansas Dietetic Association

Member, Kappa Omicron Nu Honor Society