

Reading list

The following reading list was compiled to assist students in their journey toward a career in gerontology. The items listed were recommended by Center on Aging staff, university colleagues, and associates in the nursing home industry. Most of these items may be found at Amazon.com, Barnes & Noble, other online sources, or your local bookstore. If you would like to recommend an addition to this list, please send an email to gerontology@ksu.edu.

Leadership

Change the World: How Ordinary People Can Achieve Extraordinary Results
Robert E. Quinn, 2000, 304 pages, Jossey-Bass Publishers, ISBN # 0787951935

Now, Discover Your Strengths
Marcus Buckingham & Donald O. Clifton, 2001, 260 pages, The Free Press, ISBN#0743201140

Deep Change: Discovering the Leader Within
Robert E. Quinn, 1996, 256 pages, Jossey-Bass Publishers, ISBN# 0787902446

Build the Bridge as You Walk On It: A Guide for Leading Change
Robert E. Quinn, 2004, 256 pages, Jossey-Bass Publishers, ISBN #078797112X

John P. Kotter on What Leaders Really Do
John P. Kotter, 1999, 184 pages, Harvard Business Review, ISBN #0875848974

Synchronicity: The Inner Path of Leadership
Joseph Jaworski & Betty Flowers, 1998, 213 pages, Berrett-Koehler Publishers, ISBN #1576750310

Who Moved My Cheese: An Amazing Way to Deal with Change in Your Work & Your Life
Spencer Johnson, 1998, 94 pages, Penguin Putnam, ISBN #0399144463

The Unwritten Laws of Business
J.W. King and James G. Skakoon, 2007, 112 pages, Currency Publishers, ISBN #038552126X

Simple solutions: Harness the power of passion and simplicity to get results.
Schmitt, Perl, and Smith, 2006, 220 pages, John Wiley & Sons, Inc., ISBN #0470048182

Long-Term Care

Nobody's Home - Candid Reflections of a Nursing Home Aide
T. Gass. et al, 2004, 216 pages, ILR Press, ISBN # 0801442435

Effective Management of Long-Term Care Facilities
Douglas A. Singh, 2005, 646 pages, Jones and Bartlett Publishers, ISBN # 0763748013

Individualized Dementia Care: Creative Compassionate Approaches
Joanne Rader, 1995, 298 pages, Springer Publishing, ISBN #0826187307

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Improving the Quality of Long-Term Care
Institute of Medicine, 2001, 326 pages, National Academy Press, ISBN #0309064988

Gray Areas: Ethnographic Encounters with Nursing Home Culture
Philip Stafford (editor), 2003, 317 pages, School of American Research Press, ISBN#1930618301

Living, Dying, Caring: Life and Death in a Nursing Home
Rosalie Hudson & Jennifer Richmond, 2000, 299 pages, Ausmed Publications, ISBN#0957798865

How Doctors Think
Jerome Groopman, 2007, 320 pages, Houghton Mifflin Publishers, ISBN #0618610030

Miscellaneous

Age Power: How the 21st Century will be ruled by the new old
Ken Dychtwald, 1999, 266 pages, Penguin Putnam Inc., ISBN#0874779545

Another Country: Navigating the Emotional Terrain of Our Elders
Mary Pipher, 1999, 328 pages, Riverhead Books, ISBN # 1573221295

Aging in Stride
C. Himes, E. Oettinger, D. Kenny, 2004, 368 pages, CareSource Healthcare Communications, ISBN#1878866249

Alzheimer's Disease

Living in the Labyrinth: A Personal Journey Through the Maze of Alzheimer's
Diana McGowin, 1993, 129 pages, Elder Books, ISBN#0943873185

The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer's Disease, Related Dementing Illnesses, and Memory Loss in Later Life, Nancy Mace and P. Rabins, M.D., 1999 (3rd edition), 253 pages, Johns Hopkins, Press Ltd. ISBN # 0801826594

The Complete Guide to Alzheimer's Proofing Your Home
Mark L. Warner, 2000, 477 pages, Purdue University Press, ISBN#1557532028

Journals

Provider – for Long-Term Care Professionals <http://www.providermagazine.com/>
Advance for Providers of Post-Acute Care <http://post-acute-care.advanceweb.com/main.aspx> (Free e-newsletter available on post acute care)

Governing – the Resource of States and Localities <http://governing.com/>
Health Care News <http://www.heartland.org/Publications.cfm?pbld=2>