

Nutrition and Kinesiology NUKIN

First Year

<u>Fall</u>				<u>Spring</u>			
ENGL	100	Expository Writing I	3	SOCIO	211	Intro to Sociology	3
MATH	100	College Algebra	3	COMM	105	Public Speaking I	2
HN	132	Basic Nutrition	3	CHM	210	Chemistry I	4
PSYCH	110	General Psychology	3	BIOL	198	Principles of Biology	4
KIN	220	Biobehavioral Bases Physical Activity	4	CIS	101	Intro Computing System, Info Search, Security	1
			<u>16</u>			<i>Select two hours of the following:</i>	
				CIS	102	Spreadsheet Apps.	(1)
				CIS	103	Database Apps	(1)
				CIS	104	Word Processing Apps	(1)
							<u>16</u>

Second Year

<u>Fall</u>				<u>Spring</u>			
ENGL	200	Expository Writing II	3	BIOL	340	Human Body	8
MATH	150	Plane Trigonometry	3	HN	400	Human Nutrition**	3
CHM	230	Chemistry II	4	HN	450	Nutritional Assessment**	2
KIN	310	Meas and Res Techniques in Kinesiology	3				<u>13</u>
_____	_____	Humanities ¹	<u>3</u>				
			<u>16</u>				

Third Year

<u>Fall</u>				<u>Spring</u>			
HN	413	Science of Food	4	BIOCH	521	General Biochemistry	3
HN	535	Energy Balance *	2	KIN	345	Soc. Behav. Epid. Publ Health Phys Activity	4
KIN	335	Physiology of Exercise	4	KIN	346	Lab Exp. Soc. Behav. Epid. Publ. Hlth Phys Act 1	1
KIN	336	Physiology of Exercise Lab	1	AMETH	160	American Ethnic Studies	Or
CHM	350	Organic Chemistry	<u>3</u>	ANTH	200	Intro to Cultural Anthropology	3
			<u>14</u>			Or	
				ANTH	204	Intro to Cultural Anthropology	Or
				KIN	_____	Upper Level Emphasis Course ²	3
							<u>14</u>

Fourth Year

<u>Fall</u>				<u>Spring</u>			
HN	600	Public Health Nutrition*	3	HN	510	Life Span Nutrition**	3
HN	620	Nutrient Metabolism*	3	STAT	325	Intro to Statistics	3
GNHE	310	Human Needs	Or	ENGL	417	Written Commun / Workplace	Or
			3	ENGL	516	Written Commun/Sciences	3
FSHS	350	Family Relationships and Gender Roles	Or			OR	
KIN	_____	Upper Level Emphasis Course ²	<u>3</u>	HRIMD	443	Food Writing	Or
			<u>12</u>	KIN	_____	Upper Level Emphasis Course ²	3
				_____	_____	Humanities course ¹	<u>3</u>
							<u>15</u>

Fifth Year

<u>Fall</u>				<u>Spring</u>			
HN	631	Clinical Nutrition I *	2	HN	632	Clinical Nutrition II **	3
HN	635	Nutrition and Exercise*	3	ECON	110	Prin. Macroeconomics	3
BIOL	455	Microbiology	4	KIN	_____	Upper Level Emphasis Course ²	3
KIN	_____	KIN 300-level or above Elective Course	3	_____	_____	Humanities Course ¹	3
_____	_____	Humanities course ¹	<u>3</u>	_____	_____	International Studies Overlay	<u>0-3</u>
			<u>15</u>				<u>12-15</u>

*Fall only ** Spring Only

¹See Option Sheet for 11-12 required hours

Fall 2011

² Students must select a Kinesiology Upper Level Emphasis Area of 12 hours. Please refer to the Nutrition and Kinesiology curriculum of required courses to make course selections.