

FOUR-YEAR INSTRUCTIONAL PLAN
(Suggested course sequence for Athletic Training Students)

Freshman Year

Fall

Expository Writing I	ENGL	100	3
Principles of Biology	BIOL	198	4
Biobehav. Basis of Exercise	KIN	220	4
College Algebra	MATH	100	3
Intro Athletic Training	HN	120	2
Intro Athletic Training Lab	HN	121	<u>1</u>
Total			17

Spring

General Psychology	PSYCH	110	3
Gen. Chem & Lab/Chemistry I	CHM	110/111 or 210	4
Basic Nutrition	HN	132	3
Public Speaking I	COMM	106	3
Introduction to Sociology	SOCIO	211	<u>3</u>
Total			16

*Apply for Admission to Professional Phase
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Sophomore Year

Fall

Hum Body or A&P	BIOL 340 or KIN 360	8
Care and Prevention	HN 320	3
Humanities	— —	3
Practicum I	HN 583	<u>1</u>
Total		15

Spring

Economics Course	ECON	110 or 120	3
General Physics	PHYS	113	4
Plane Trigonometry	MATH	150	3
Expository Writing II	ENGL	200	3
Emergency Management	HN	552	3
Practicum II	HN	584	<u>1</u>
Total			17

Junior Year

Fall

Pharmacology in Athl Trng	HN	553	2
Evaluation of Extremities	HN	551	3
Physiology of Exercise	KIN	335	4
Physiology of Exercise Lab	KIN	336	1
Introduction to Statistics	STAT	325	3
Energy Balance	HN	535	2
Practicum III	HN	585	<u>1</u>
Total			16

Spring

Therapeutic Modalities	HN	555	3
General Medical Conditions	HN	554	2
Rehabilitation of Injuries	HN	556	3
Human Nutrition	HN	400	3
Humanities	— —		3
Practicum IV	HN	586	<u>1</u>
Total			15

Senior Year

Fall

Administration of Athl Tr Prg	HN	557	3
Biomechanics	KIN	330	3
Nutrition and Exercise	HN	635	3
Meas. & Research Techniques	KIN	310	3
Practicum V	HN	587	1
Integrative Study Class	— —		<u>3</u>
Total			16

Spring

Nutritional Assessment	HN	450	2
Written Comm/Sciences	ENGL	516	3
Practicum VI	HN	588	1
Electives (2-3 courses)	— —		<u>6-9</u>
Total			12-15