

PEAK 2.0 TIMES

January 2015



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Note from PEAK 2.0 Coordinator

PEAK participants,

Over the last few weeks, I have been a part of many New Year's resolution discussions. As I contemplate setting a resolution for myself, I cannot help but review where I have been to think about goals for what is next.

Reviewing the past helps me think about what worked and what did not. Review can be helpful on a personal level but also on a program level, so in this newsletter we have put together information about the PEAK 2.0 program from its start in 2012.

This review gives us a picture of where we have been and where we might be going next.

I am excited your organization is a part of this program and I hope your organizational resolution this year contains action items to advance person-centered care in your organization. This brings us all closer to a better tomorrow for elders in our state.

All the best,

Laci Cornelison, PEAK 2.0 Project Coordinator

Participation:

PEAK 2.0 Participate Rates

■ 2012-2013 ■ 2013-2014 ■ 2014-2015



2014-2015 Participation Breakdown:

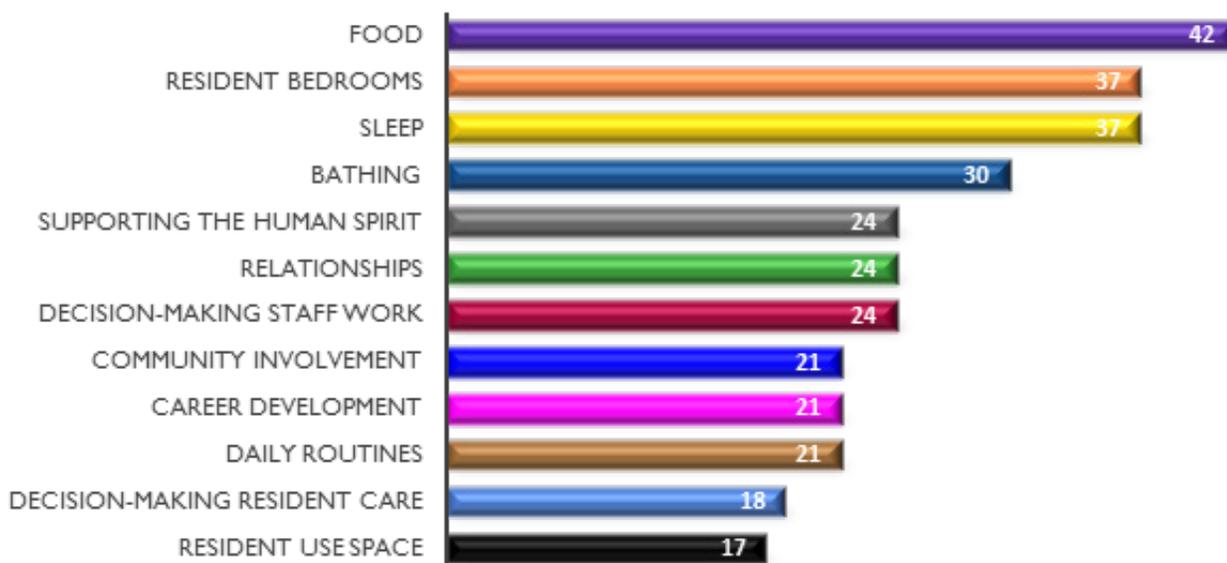
Level	Number of Participating Homes
Level 5	6
Level 4	1
Level 3	2
Level 2	51
Level 1	35
Foundation	129

Note: These are the numbers from the start of the year. The Foundation is largely dependent upon home's participation in key activities and trainings. Twenty homes have dropped out of the Foundation due to non-participation. All other homes are current and active. We are thrilled with this level of engagement and the dedication that homes have brought to their work with PEAK.

What are homes working on?

Homes at level 1 and 2 have written action plans and are working on 4 cores areas of the criteria. Below is a breakdown of the cores homes are working on. Food, resident bedrooms, sleep and bathing are the top picks. We have found that the resident choice domain seems to be where a lot of homes like to start. It just makes sense because this domain is tangibly focused on the resident and that is what this is all about. We will see the distribution of core selection change as homes advance through the program.

Top Cores Chosen in Levels 1 & 2



Evaluation:

We are approaching the evaluation point in the PEAK 2.0 year. Homes at levels 1-5 will all be evaluated this year (that's 95 homes). Evaluations will occur in February, March, and April. Homes in the Foundation are not evaluated, but will have action plans due May 1st. We have already been communicating with Level 1 and 2 homes about the evaluation process and will continue to send information in the weeks to come to homes at all levels.

If your home is receiving an evaluation (you are at Level 1-5), there are a few things you might do to prepare your team.

Evaluation Preparation:

Now that you have worked on four core areas of the Peak 2.0 program it is time to prepare for your evaluation. You will have a limited time to show your stuff. Make the most of it!

The evaluation is your opportunity to tell us about the work you have done and the changes you have made to meet the KDADS criteria. Be prepared to brag on yourselves. Here are some things to consider as you prepare for the evaluation.

First, review the required submissions for the cores you have selected. These are items the reviewers will look at when evaluating your home. They should help support your case for meeting the PEAK criteria. Take time to look at these items before

submitting them to the review team to make sure they do that.

Next, look at the "Basis for evaluation" listed in the criteria for each core. This will explain what the review team plans to look at during the evaluation process to make their decisions. Again, look at these areas before the review team arrives to identify any concerns or problem areas that may prevent your home from meeting the criteria.

Now it is time to pull your teams together to review the criteria for each core you addressed. Talk about the required outcomes for each core. Ask your teams to tell you how they are currently meeting each of the required outcomes. Talk about examples of PCC in your home that demonstrate you are meeting the criteria. Reminisce about your experiences and tell stories that showcase your efforts and show the benefits of PCC in your home.

As you move through the change process it is easy to forget about all of the work you have done. Make a cheat sheet as you talk by listing some of these examples and stories. Keep it handy during your evaluation so you remember to tell us about them. Again, this is your opportunity to demonstrate to the review team that you have met the criteria. Make the most of the time you have.



Our final suggestion is probably the most important and most likely to ensure your success. **Talk to the people who live in your home!** With the criteria in mind ask them about the care they receive. Your team may have had great plans for change but if the changes were not sustained they may not be lived out in your home. Talk directly to the people providing and receiving care to find out. Keep in mind the reviewers are going to talk to people who live and work in your home. HINT: If they do not describe care that meets the criteria for PCC it is safe to assume it is not being provided.

Remember that the evaluation is intended to be a transparent process. There should be no surprises. The program expectations are spelled out in the criteria.

The required submissions and basis for evaluation describe what reviewers will look at during the evaluation process. Your goal during the evaluation is to demonstrate to the review team how you are meeting the program criteria in your home. If you think something will help do that, tell us about it. Take time to shine!

2013-14 Evaluation Results: A Breakdown:

As a part of the review, we thought it might be helpful to see how homes performed in last year's evaluation. We were pleased with the results last year, but anticipate that this year will be even better. Good luck to all of you in your preparation. Please do not hesitate to get in touch with the PEAK 2.0 team as you equip your teams; it is what we do!

Evaluation Outcome	Number of Homes
Passed	46
Did Not Pass	32
Self-Reported Not Passing	17
No Call No Show for the Evaluation	8

Note: A total of 103 homes were eligible for evaluation. The mentor homes are evaluated bi-annually and 2013-14 was their off year. Mentor homes will all get evaluated in 2014-15. There were 34 homes enrolled at the Foundation level in 2014-15. Foundation homes do not participate in the evaluation process as their outcome for the year is an action plan. The rest of the homes dropped from the program due to a variety of reasons. We are tracking drop out reasons more closely this year and will be able to describe drop out more accurately in years to come.

Encourage Non-Participating Homes to Enroll Today!

Since you are receiving this email, you are already participating in the PEAK program. You do not have to re-enroll this year. You will be automatically enrolled as you continue your participation with PEAK. If you know other homes that are not participating in the program, share your story with them and encourage them to get involved. Send them to the link below to enroll:

<http://www.he.k-state.edu/aging/outreach/peak20/enroll/>