

PEAK 2.0 SAMPLE ACTION PLAN – SUPPORTING THE HUMAN SPIRIT
ACTION PLAN


Facility Name:	Provider Number:
Domain: Meaningful Life	Action Plan Contact:
Core: Supporting the Human Spirit	Phone number and/or e-mail:

WHAT HAS BEEN WORKED ON IN THIS CORE AREA SINCE STARTING THE PEAK 2.0 PROCESS

Prior to move in date the activity director gathers information either from the family member or resident about routines, preferences, and daily pleasures. The information is logged on the initial questionnaire form and placed on the care profile for each specific resident. These routines, preferences, and daily pleasures are then added to the person centered care plan.

The Peak team has also gathered and collaborated with residents to determine coordinators of each neighborhood. The coordinators are as follows: Ashley, Todd, Megan, Chris, and Jean.

GOAL/SUPPORTING PRACTICE:
Team members work together to discover and support what gives each resident meaning and pleasure.

OBJECTIVE(S)	ACTION STEPS	RESPONSIBLE PERSON(S)	TARGET COMPLETION DATE	COMPLETE 
Improve how resident preference information is gathered by 9/14/17.	Review and edit the current form used to gather resident preference information.	Jan	9/1/16	
	Create a list to divide residents for team to interview	Jan		
	Gather information from residents on the above lists to “refresh” daily pleasures list.	Ashley, Todd, Megan, Chris, Jean	10/1/16	
	Educate all staff about where the information is found on the care profile.	James	10/14/16	
	Discuss specific resident’s simple, daily pleasures and how they can be accomplished.	James	10/14/16	

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Team will develop Person-centered care plans for each elder that reflect their personal daily routines and preferences by 8/5/17.	Neighborhood coordinators will attend the Person-centered care plan training off-site.	Ashley, Todd, Megan, Chris, Jean	2/15/17	
	Schedule two trainings to train other team members.	Ashley	2/30/17	
	Person-centered care plan trainings will be conducted in each neighborhood by their coordinator	Ashley, Todd, Megan, Chris, Jean	3/15/17	
	Each care plan will be revised as it comes due in Person-centered Care plan format	Ashley & Care plan team	6/30/17	
	All Care plans written after 3/15/17 will be written in the Person-centered care format	Ashley & CP team	3/15/17 & On-going	
Develop an individual care plan to support elders spiritual and cultural preferences by 12/5/17	Review and edit current “Life Enhancement” interview tool to include questions about these preferences and how we can support them.	James	8/5/17	
	Meet with current residents to gather this information for each.	Ashley & CP team	9/5/17	
	Care plan team will include this information in Person-centered care plans as they come due	Ashley & CP team	12/5/17	
	Communicate spiritual preferences on care profiles.	James	12/5/17	
	Neighborhood coordinators will discuss the plan of care and how to support these preferences for each resident in team learning circles.	James and NH coordinators	12/5/17 & On-going	
Develop a Memorial wall to remember those residents who have lived in our home by 8/1/17.	Invite elders and caregivers from each NH to discuss the plan	Dan	5/10/17	

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	Gather elders and caregivers to determine a team that will work on the memorial wall	Dan CP Team	5/17/17	
	Team above will design the format for the memorial wall	Dan and Memorial team	5/24/17	
	Incorporate our homes' logo into the memorial wall design.	Dan and memorial team	5/24/17	
	Gather with residents to seek a location for the memorial wall	Dan and Memorial team	6/14/17	
	Team will develop an action plan to include timeframe for completion, further assignments, and procedures for maintenance	Dan and Memorial team	6/28/17	
Formal Activity planning meetings will be scheduled 2x month to gather ideas from elders for activity planning by 8/5/17.	All residents will be invited to attend these planning meetings in their NH learning circles by the Life enhancement team.	Jan	8/5/17	
	Life enhancement team member for each NH will capture ideas as shared in these NH learning circles for planned and spontaneous ideas from elders and direct care staff	Jan, Morgan, Karly, Reba	8/5/17	
	Elders, NH staff, and Life enhancement team members will develop the formal calendar in their NH meetings	Jan, Morgan, Karly, Reba	8/5/17 & On-going	
	Life enhancement team members will compile a list of activity supplies needed to support resident's daily pleasures and ideas of spontaneous activity choices for their NH.	Jan, Morgan, Karly, Reba	8/4/17 & On-going	

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Encourage and expand more spontaneous activity by talking with direct caregivers and elders each morning at the dining table by 8/5/17	NH coordinators will role model this by starting discussions each morning about “What would you like to do today”? in their NH.	Ashley, Todd, Megan, Chris, Jean	8/4/17 & On-going	
	Life enhancement team members will also role model these discussions and work with the NH staff to support ideas the elders have each day in their NH	Jan, Morgan, Karly, Reba	8/4/17 & On-going	
Create a storage area and space for residents to gather if they want to participate in a spontaneous activity of their own choosing by 10/1/17	Life enhancement team members will meet to discuss possible locations	Jan and LE team	9/1/17	
	Team members will discuss in Neighborhood learning circles supplies needed to support resident ideas	Jan and LE team	9/1/17 and on-going	
	Set up areas as group decides locations	Jan and team	10/1/17	
Team will monitor practices re: Supporting the Human Spirit core in Monthly QAPI meetings	Develop a resident satisfaction interview to be conducted quarterly	James	11/1/17	
	Decide who will be responsible for conducting these interviews and how many will be completed each quarter.	James	11/15/17	
	Add Supporting the Human Spirit review to QAPI agenda on a quarterly basis	DON	12/1/17	