

PEAK 2.0

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<http://www.he.k-state.edu/aging/outreach/peak20/>

IS THE EFFORT WORTH IT?

HEALTH OUTCOMES

- **Major Depressive Symptoms** declined by **42%** from Stage 0 (non-participants) to Stage 4 (comprehensive pcc adoption).
- **Low-Risk Residents with Pressure Ulcers** declined by **38%** from Stage 0 to Stage 4.
- **Residents with Indwelling Catheters & Residents with Urinary Tract Infections** declined significantly from Stage 0 to Stage 4.
- Residents on Antipsychotic Medications & Low Risk Residents with Incontinent Episodes had mixed results.
- **Residents reporting moderate to severe pain** increased mildly between Stage 0 and Stages 1 and 2 (early pcc adoption stages).

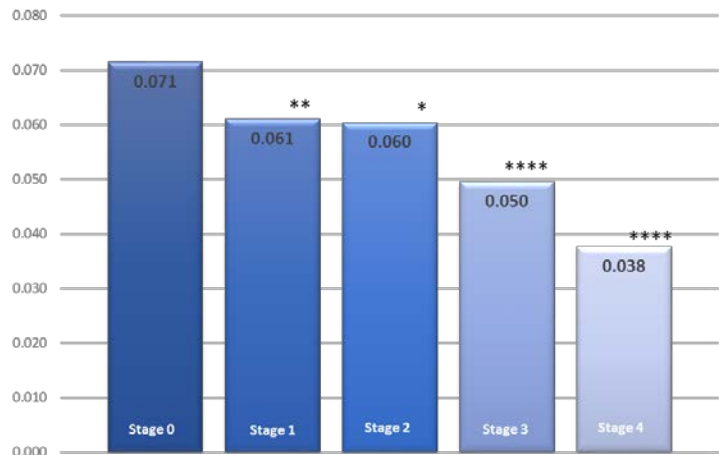
MONETARY BENEFITS:

A home with 60 beds and 75% Medicaid occupancy could earn:

Level 0-1: \$22.50 per day & **\$8,212.50** per year

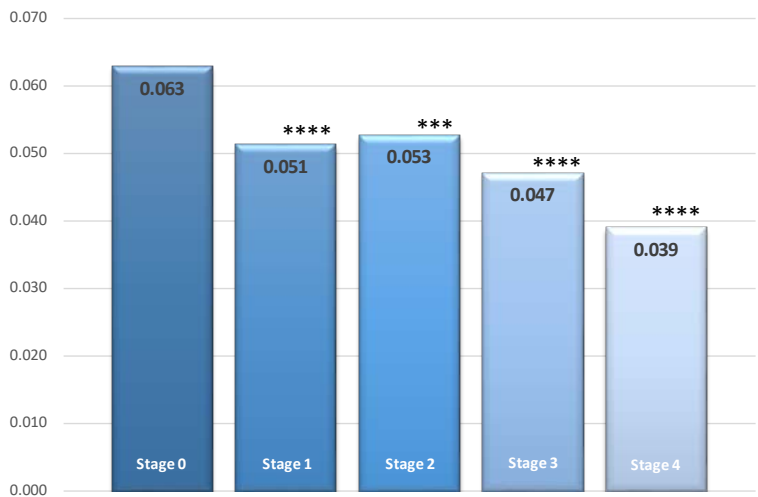
Level 2: \$67.50 per day & **\$24,637.50** per year

Level 3-5: up to \$180 per day & **\$65,700** per year



Depressive Symptoms

Stage: F(4,1837)=3.70, p=.0052

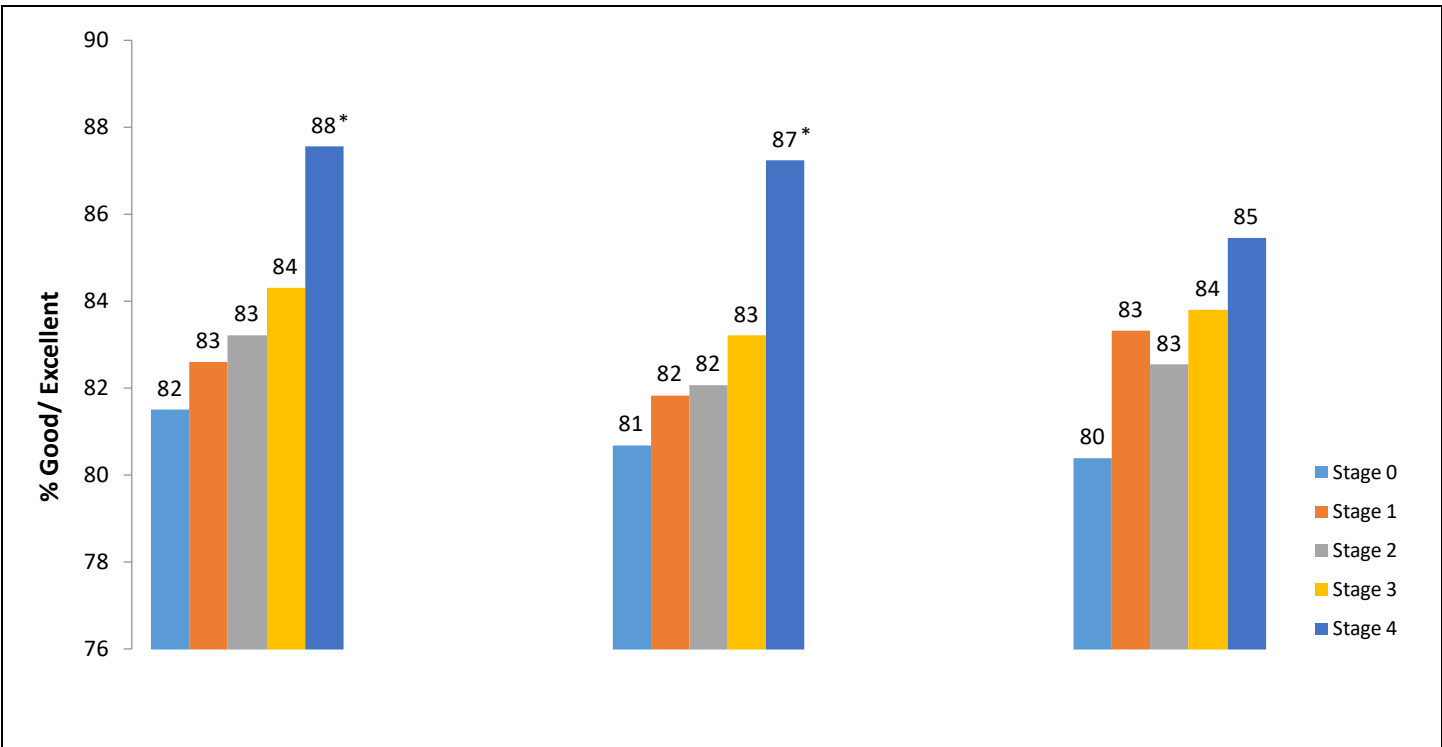


Pressure Ulcers

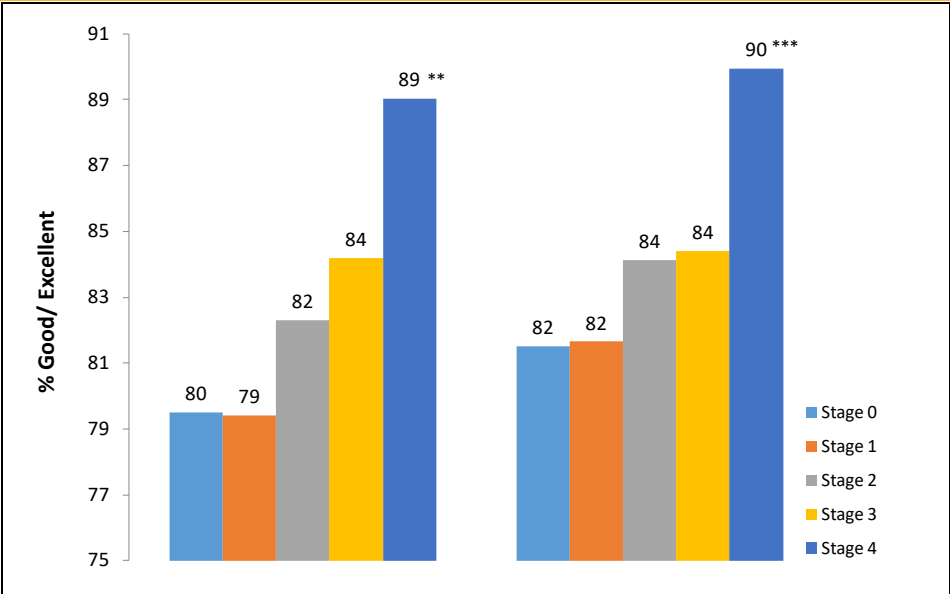
Stage: F(4,1574)=7.24, p<.0001

This research was a collaborative project between the KSU Center on Aging and Leading Age National. Leading Age, performed the data analysis.

RESIDENT SATISFACTION INCREASES



Resident satisfaction information came from the MyInnerView surveys done in 81% of Kansas NHs. The key findings are that satisfaction does not significantly increase until Stage 4 or comprehensive PCC adoption. This may indicate that comprehensive adoption has the most benefit for elders in nursing homes.



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 Poey, J., Hermer, L., Cornelison, L., Kaup, M., Drake, P., Stone, R., & Doll, G. (in press). Does person-centered care improve residents' satisfaction with nursing home quality? *JAMDA*.