



ATHLETIC TRAINING AND REHABILITATION SCIENCES

DEPARTMENT OF FOOD, NUTRITION,
DIETETICS AND HEALTH

KANSAS STATE
UNIVERSITY
College of Health and
Human Sciences

OUR PROGRAM

Athletic training and rehabilitation sciences prepares students for a career as an allied-health professional as well as entry into a professional degree program. Graduates will have met the admission requirements for many health professional programs, specifically the master's degree in athletic training at K-State. Courses focus on the concepts that are foundational to develop the skills needed to manage health care needs of physically active individuals at all levels and ages.

Students may enter our program on the pre-professional track, a 5-year program where students remain at K-State to also earn their Master of Science in Athletic Training or they may enter as a student only intending to gain their bachelor's degree from K-State.

PROGRAM HIGHLIGHTS

Undergraduate research opportunities • Dedicated student organization
Education abroad opportunities • Opportunities to connect and network with professionals through conferences and annual meetings

POTENTIAL CAREER SETTINGS

- Intercollegiate Athletics
- Professional Sports Teams
- Secondary Schools
- Performing Arts
- Sports Medicine Clinics
- Public Safety
- Recreational Centers
- Military Installations

*Some careers require additional education

Contact us:

College of Health and Human Sciences
785-532-5500 fndh@k-state.edu
hhs.k-state.edu/fndh

Schedule a visit:

K-State Admissions
785-532-1521 K-state@K-state.edu
k-state.edu/admissions/visit

BACHELOR OF SCIENCE IN ATHLETIC TRAINING AND REHABILITATION SCIENCES

ATHLETIC TRAINING AND REHABILITATION SCIENCES

Sample course sequence guide

Fall

Expository Writing I
General Chemistry & Lab
College Algebra
Basic Nutrition
Introduction to Nutrition and Health Professions

1

Spring

Public Speaking I
Trigonometry
Principles of Biology
Biobehavioral Bases of Physical Activity
Well-being 1: You and Community

16 hours

15 hours

Fall

Anatomy & Physiology
Care and Prevention of Athletic Injuries
General Psychology

2

Spring

Physiology of Exercise and Lab
Expository Writing II
Introduction to Gerontology
Medical Documentation
Well-being 2: Mind and Body

14 hours

14 hours

Fall

Evaluation of Athletic Injuries of Extremities
Introduction to Sociology
Physics I
Humanities Elective
Sports Nutrition

3

Spring

Nutritional Assessment
Rehabilitation and Conditioning of Athletic Injuries
Pathophysiology and Clinical Evaluation
Introduction to Statistics
Humanities Elective
Well-being 3: Money and Meaning

16 hours

15 hours

Fall

Biomechanics
Principles of Macroeconomics
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective

4

Spring

Research Methods in Health Sciences
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective

15 hours

16 hours

120 hours are required for degree completion. The College of Health and Human Sciences requires a "C" or higher in Professional Studies courses, and the K-State 8 requirements must be met.